



Serayu Spa



**A haven of relaxation, Serayu Spa is
designed to help you unplug and slow down
from fast-paced living**

Unwind, recharge and make the most of your
stay in Bali with much-needed body and
beauty rituals. Whether you want to share your
spa experience with someone special or have a
well-deserved alone time, a moment of
indulgence will leave you feeling content while
at the same time looking radiant.



WELCOME TO SERAYU SPA

Serayu Spa is a haven of relaxation designed to help you slow down and temporarily disconnect from the trappings of modern living. It is a place where you can unwind, recharge and make the most of your stay on the island of Bali with a choice of nurturing body and beauty rituals. Whether you choose to share your spa experience with a friend or loved one, or simply go it alone, we promise a session of personal indulgence that will leave you looking good and feeling even better. Embrace wellness and celebrate the moment!

Serayu Spa is proudly using Pevonia Botanica, the multi-award-winning facial and skincare ranges and spa treatments, the finest quality product with 100% natural ingredients and organic formulation. Pevonia Botanica provides maximum holistic wellness, skin rejuvenation, and radiance, through the outstanding skincare solution while maintaining an affinity with nature through green, natural formula, and manufactured with cutting-edge technology to ensure a visible result.

Sensatia Botanicals creates clean and simple, yet wonderfully rich products made with high-quality cruelty-free raw materials carefully sourced from reputable, sustainable-minded individuals and companies. NO chemicals, artificial substances, or synthetics are used in the products, and every material is tested in the Sensatia lab before processing and registered with the BPOM, GMP, and MUI certified.



**All treatments are available for both men and women.
Kindly inform that we do not have a male therapist.**



SPA VISIT GUIDE

Spa Opening Hours

Open daily from 9 AM - 9 PM.

Last appointments are accepted at 8 PM.

Reservations

To ensure availability and to meet your preferences, we highly recommend booking your spa treatment in advance. Please dial Serayu Spa, extension 6, or visit Serayu Spa for further assistance.

Cancellations

Should you need to cancel your appointment, kindly do so at least 6 hours in advance to avoid a 50% cancellation fee. To reschedule, please contact us at Serayu Spa, extension 6.

Arrival

Please arrive 10 minutes prior to your scheduled treatment time.

Valuables

We kindly advise you not to bring valuables to the spa. Please store any important items in your in-room safe deposit box. The spa is not responsible for the loss of personal belongings.

Attire

For your comfort, we will provide a sarong, disposable underwear, and slippers. If you wear contact lenses, we recommend removing them before your treatment to prevent any discomfort.



BODY MASSAGE

Serayu Signature Blessing

90 Minutes

IDR 1025 K

(Ritual herb foot bath, warm herbal massage refreshment ginger tea & homemade cookies). The signature massage is a unique blend of aromatherapy warm massage oil, Lomi Lomi, and the Balinese technique, which includes face and scalp massage. A full-body massage is a combination of pressure points, deep tissue, and long strokes which relieves tension, for a calm mind and body. This includes ritual herbal compress massage. It will also melt away muscular tension. And continue with the Balinese ritual.

Traditional Balinese Massage

60 Minutes

IDR 725 K

90 Minutes

IDR 990 K

(Ritual herb foot bath, traditional massage refreshment ginger tea & homemade cookies). This traditional Balinese massage is a combination of relaxing stroke, skin rolling, pressure point stimulation, and gentle stretching. Using a high-quality mixture of coconut, soybean, and sweet almond oil relieves strained muscle as well as evoke the sense of relaxation for overall wellness.

Deep Tissue Massage

60 Minutes

IDR 725 K

90 Minutes

IDR 990 K

(Ritual herb foot bath, deep tissue massage, refreshment ginger tea & homemade cookies). This therapeutic massage features a combination of techniques including the application of elbow pressure to relieve muscles, and energize and strengthen the body. It is performed using energizing essential oils and it is recommended for anyone who leads a hectic lifestyle.

Aromatherapy Massage

60 Minutes

IDR 725 K

90 Minutes

IDR 990 K

(Ritual herb foot bath, aromatherapy massage with warm oil, refreshment ginger tea & homemade cookies). When the heavenly smell and gentle touch combine to achieve a healing effect on the body and mind, the aromatherapy massage is created to meet your desire. For this treatment, a selection of essential oils is chosen and blended with a natural base oil to suit your needs.

Bamboo Valley Massage

90 Minutes

IDR 1014 K

(Ritual herb foot bath, bamboo massage refreshment ginger tea & homemade cookies). De-Stress releases stiff muscles & unwind through healing and relaxation which puts you in a deeper state of calm, leaving you thoroughly relaxed from head to toe and giving you a tremendously soothing experience. Using a combination of long and short bamboo canes, with deep tissue massage techniques using warm aroma oil, ending with refreshment face massage.

All above prices are in "000" Rupiah and subject to 21 % Government Tax and Service Charge

Serayu Warm Stone Massage**90 Minutes****IDR 1014 K**

(Ritual herb foot bath, warm stone massage refreshment ginger tea & homemade cookies). Instead of just gliding of heated stone lightly upon the surface of the skin, your trained therapist will use the stones as tools to deliver muscle and tissue massage, with the pressure based on your preference. It is effective to remove tension and improve blood circulation.

Pregnant Massage**90 Minutes****IDR 880 K**

(Ritual herb foot bath, gentle massage with virgin coconut oil, refreshment ginger tea & homemade cookies). Enjoy relief from the physical and emotional demands of pregnancy. This gentle massage will ease your discomfort, reduce swelling and help lower stress, ending with a refreshment face massage.

Foot Reflexology**30 Minutes****IDR 500 K****60 Minutes****IDR 725 K**

(Ritual herb foot bath, warm foot massage refreshment ginger tea & homemade cookies based on Traditional Chinese Medicine, reflexology is a precise and intensely healing treatment that targets points on the soles of the feet that stimulate specific internal organs and boost the flow of energy through the body's meridians.

Indian Head Massage**60 Minutes****IDR 680 K**

(Ritual herb foot wash, back, neck, shoulder massage refreshment ginger tea & homemade cookies) Many people store their stress along their shoulder and upper back! This restorative therapy focuses on your head, neck, and shoulder to relieve this stress and tension and to encourage the supply of oxygen to the brain which is one of the best ways of reducing anxiety and of lifting one's mood. Oxygen helps you think clearly and creatively and a similar effect is experienced through exercise.

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SIGNATURE NATURAL BODY CARE TREATMENT

Serayu body scrub

60 Minutes

IDR 750 K

Pure and natural ingredients are used in this traditional Indonesian beauty ritual to cleanse, smooth, soften and rejuvenate your skin. An exfoliating paste made from natural Product will gently eliminate dead skin cells. Then an application of yoghurt conditioner will leave your skin feeling fresh and hydrated. (Ritual herb foot wash, gentle back massage, body scrub, shower, body moisturizing refreshment ginger tea &homemade cookies)

Mango Passion fruit scrub by Pevonia

90 Minutes

IDR 880 K

Slip away in the enticing tropical aroma with tropical fruit extracts salt-mousse body scrub, continue with moisturizing your skin with mango passion fruit yogurt body wrap. The best of nature from the purest organic ingredients to treat your skin. Essential treatment to boost your skin's health and energy level.

(Include 15' steam & sauna, ritual herb foot wash, gentle back massage, salt mouse body scrub, body wrap, shower, Refreshment ginger tea & homemade cookies).

Herbal Boreh Wrap

60 Minutes

IDR 750 K

Boreh is a native Balinese word that translates literally as "Herbal remedies used externally for health". Boreh is a mixture of sandalwood, cinnamon, clove, and ginger in a base of ground rice. This treatment has been used for a century by Balinese people to relieve fatigue after long work. (Ritual herb foot wash, gentle back ginger massage, warm wrap, head massage, shower, refreshment ginger tea & homemade cookies).

Sensatia Sea Salt Body Scrub

60 Minutes

IDR 750 K

A special blend of pure Balinese sea salt, orange extract, and lavender essential oil provides an invigorated deep cleansing treatment suitable for all skin types, to exfoliate and calm irritated skin, ending with relaxing moisturizer body butter. (Ritual herb foot wash, gentle back massage, body scrub, shower, body butter, refreshment ginger tea & home made cookies).

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BEAUTY TREATMENTS

Traditional Natural Facial

60 Minutes

IDR 660 K

Making the most of nature's bounty, these highly beneficial facial rituals draw their lure from various natural products hailed in Bali for their beautifying and healing qualities. Created to suit all skin types, select from our treatments below to deeply cleanse, exfoliate and detoxify tired skin and emerge with a radiant, youthful glow. All products are freshly prepared according to the skin condition – all skin types.

(Ritual herb foot bath, fresh natural signature facial, refreshment ginger tea & homemade cookies)

Age-Defying Collagen Facial

60 Minutes

IDR 1,000 K

(Anti-aging – smoothened wrinkle and supple skin – Refreshment ginger tea & homemade cookies). Counteract any signs of early aging, to combat excessive dryness, dehydration, fine lines, and wrinkles. Rich in concentrated collagen, this facial is perfect to refresh and fight signs of dehydration due to the humidity while on holiday leaving skin plump, and toned, with a youthful glow.

De-Aging Lumaform Facial

60 Minutes

IDR 1,100 K

(Organic black tea facial – de-aging – reduce wrinkle, supple & plump skin – refreshment ginger tea & homemade cookies). Plumps fine lines and wrinkles, rejuvenate, smoothest, and supple skin. Rich in concentrated collagen and squalene. Prevent early aging, best to combat excessive dryness and dehydrated skin. Leaves skin plump, supple, and younger looking.

Organic White Lotus Facial

60 Minutes

IDR 900 K

(Normalize skin type, smooth, hydrated skin, refreshment ginger tea with homemade cookies)

Pure organic aromatherapy elixirs & botanical actives formulations from Pevonia Botanica help to purify, balance & renew the skin. Improve your skin naturally and restores normal, balanced moisture levels. Leaving your skin radiant, softer, and hydrated

Men's Facial

60 Minutes

IDR 900 K

(Normalize skin type, refresh, promotes healthy skin, refreshment ginger tea with homemade cookies)

Razor rash, skin irritations, or sensitivity are all treated in this executive facial. Combining green tea and other phyto extracts, this facial treatment will calm, heal, and truly enrich your skin. Leaving your skin clean, refresh, and healthy

After-Sun Facial

30 minutes

IDR 750 K

Sunburn skin type, hydrated skin, refreshment ginger tea with homemade cookies)

Instantly soothe the skin and restore hydration, with the repairing benefit of white lotus and green tea to deeply hydrate.

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SIGNATURE PAMPERING JOURNEY

Asoka

120 Minutes

IDR 1,200 K/person

(Ritual herb foot bath, aromatherapy massage, choice of traditional body scrub, 30' warm private jacuzzi, refreshment ginger tea, and homemade cookies)

Aromatherapy massage with chosen special warm oil from us to unwind your body continues to indulge your body with coffee scrub exfoliation to get smooth skin, our coffee mask will penetrate all the ingredients even more to your body, complete the treatment with warm private jacuzzi as you enjoy a serve of refreshment tea and homemade cookies.

Shirodhara

120 Minutes

IDR 1,500 K/Person

(Ritual foot bath, sound healing, signature massage, Shirodhara treatment, Indian head massage, refreshment ginger tea & homemade cookies)

An amazingly unique body therapy from the ancient natural medical system Ayurveda, combine with Serayu spa techniques. Shirodhara has a profound impact on the nervous system, the treatment directly and immediately calms, relaxes, and has a cleansing effect on the mind & nerve. Continue with Indian head massage, relieves symptoms of anxiety & depression to complete your indulgence experience.

Tropical Valley Retreat

180 minutes

IDR 2,500 K/Person

Tropical journey – divine aromatic, head-to-toe rejuvenation

(ritual footbath – tropical body butter massage - Pevonia Express White Lotus facial - mango passion fruit saltmouse scrub – tropical mango passion yogurt body wrap - tropical flower bath or private jacuzzi , refreshment ginger tea and home-made cookies, completed with refreshment tea and sweet vanilla pannacota).

The ultimate indulgence of a divine tropical aroma sense to pamper your mind and body. The fruity aroma of mango & passionfruit salt-mousse to smoothen and mineralizes skin, and the crème body wrap delivers repairing natural anti-aging ingredients to the skin, then lay back and relax soaking in a bath filled with tropical flower petals. Continue with a rejuvenating body massage using tropical body butter and conclude with an express white lotus facial for your skin's phenomenal glow.

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Holistic Awakening**150 Minutes****IDR 2,000 K/Person**

Holistic healing – restore energy, strength, and inner balance

(Ritual Footbath – hot towel ritual & dessert heat body wrap with Indian head massage – 90 minutes body massage with hot oil, completed with relaxing herbal bath and served with refreshment tea & sweet vanilla pannacotta)

This healing black magma warm aromatic moor mud is rich in natural vitamins, enzymes, and minerals. Ideal for those prone to chronic pain or fatigue, rheumatism/arthritis pain, and post-sports injuries. This superb mud offers a gentle thermal action that stimulates and invigorates the body, bringing a state of deep relaxation and well-being. This treatment is designed to awaken the body to restore strength and inner balance.

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SPA DELIGHTS – A BLITZ OF SPA PAMPERING by PEVONIA

Tropical Sensation

120 minutes

IDR 1,500K /Person

(Ritual herb foot bath, relaxing body massage, tropical fruits scrub, 30' jacuzzi served with refreshment tea & sweet vanilla pannacotta). Bring home the memory of Bali with the scent of delightful Bali's local fruits in your pampering treatment. A truly energizing treatment and an uplifting mood booster.

Love Bliss

120 minutes

IDR1,500K /Person

(Ritual herb foot bath, relaxing body Massage – Pevonia Express White Lotus facial, 30' jacuzzi served with refreshment tea & sweet vanilla pannacotta).

Body and face rejuvenation in a blitz! Enjoy the energizing body massage with the benefits of key essential oils to ease muscle tension and nourish the skin, and express facial treat leaving your skin healthy, radiant, and smooth.

Romantic Indulgence by Pevonia

150 minutes

IDR 3,500 K /Couple

(Ritual Footbath – tropical Body butter massage – Pevonia Express White Lotus facial – tropical mango saltmousse scrub - tropical flowers bath or private jacuzzi with a glass of wine or fresh juice & sweet vanilla pannacotta)

Refine as new, the whole spa journey talks about love, starts with a relaxing body massage and a rejuvenating refresher facial, and continue the love journey with slip away in the enticing tropical aroma with tropical fruit extracts and saltmousse body scrub. Then get spoilt in an intimate tropical bath session, complemented by a glass of wine and mosaic fruit plater. A truly perfect moment for the ultimate love celebration.

Journey of Love

120 minutes

IDR 3,000 K/Couple

(Ritual Footbath – chocolate salt mousse body scrub – body massage – flower bath-bubble nibble).

Truly a blissful experience to share the love. Imagine yourself covered in rich, delicious Chocolate, combined with anti-aging properties Shea Butter to nourish your taste for wonderful things. It's anti-oxidant, natural anti-aging

The detox treatment will satisfy your body's desire for replenishment and revitalization while keeping your skin nourished and smooth with a relaxing body massage, followed by a romantic flower bath session complete with a glass of wine for your ultimate pampering moment.

SPA BATHING

Valley Flower Sensation 45 minutes IDR 550K/Couple

Traditional Herbal Bath 45 minutes IDR 550K/Couple

Rejuvenating Citrus Bath 45 minutes IDR 550K/Couple

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NAIL CARE

Serayu Manicure

60 Minutes

IDR 600 K

Luxurious conditioning cares for your hands. More youthful hands through nail filling, cuticle trimming, and minimizing, with exploitation to the hand's massage. Allowing the hands to appear softer and smoother. Nail polish or buffing included.

Serayu Pedicure

60 Minutes

IDR 650 K

Pampering time for your feet, we begin with an aromatic foot soak and scrub. Filling cuticle minimizing, pampering foot or leg massage to enhance the condition of your beautiful feet. Nail polish or buffing included.

ADDITIONAL POLISH

Nail Polish IDR 250 K/hands or feet

Remove Gel Polish IDR 200 K/hands or feet

Remove Polish IDR 150 K/hands or feet

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