

THE SPA AT NANDINI JUNGLE BY HANGING GARDENS

Where Nature Heals and Luxury Embraces

Nestled in the heart of Bali's lush jungle, along the sacred Ayung River, The Spa at Nandini Jungle by Hanging Gardens offers a transformative wellness experience where nature, tranquility, and rejuvenation converge. Surrounded by the sounds of the tropical forest and the gentle flow of the holy river, guests are invited to embark on a healing journey through time-honored treatments and thoughtfully curated rituals. Rooted in ancient Balinese healing traditions, each treatment is enhanced with pure, organic ingredients—many of which are harvested directly from the estate's lush surroundings—ensuring a profound connection to the earth with every touch. Indulge in a sanctuary where time slows down, and every moment invites you to unwind and rejuvenate body, mind, and soul.

Discover an immersive wellness journey at The Spa, where each serene treatment room opens to panoramic views of the lush rainforest. The soothing sounds of birdsong and distant monkey calls enhance the tranquil atmosphere, setting the tone for your deeply relaxing experience. The spa's design ensures maximum comfort and serenity, with twin massage beds and a private bathroom featuring a rain shower and an open-air stone bathtub nestled in nature.

Our treatments use only the finest natural ingredients, hand-harvested from the estate and surrounding countryside:

Your journey begins with a warm Balinese welcome ritual:

- **JUNGLE CITRUSY** – A refreshing, sweet-and-sour infusion, rich in antioxidants, helping regulate blood pressure, blood sugar, cholesterol, and uric acid.
- **Peppermint & Eucalyptus Face Towel** – A revitalizing sensation, perfect after time spent in the tropical sun.
- **Spring Water Foot Bath** – Blended with organic sea salt and fresh lime, this bath relaxes muscles, soothes joints, and gently purifies the skin.

After your treatment, enjoy a comforting cup of warm ginger tea to aid digestion and extend your sense of calm.

Spa experiences are available for individuals or couples, and can be enjoyed in:

- **Private Suites Villa** overlooking the jungle canopy.
- **Riverside Deck** surrounded by flowing water and untouched nature.

Choose from a range of traditional Balinese treatments and exclusive signature services, all tailored to your personal needs and preferences.

Opening Hours

Daily from 9:00 AM to 10:00 PM

Please arrive at least 15 minutes prior to your scheduled treatment.

Reservations

Dial #7 from your suite or villa

WhatsApp: +62 812-3687-1170

Email: reservation@nandinibali.com

All prices are in Indonesian Rupiah "000" and subject to 11% government tax and 10% service charge.

Essence Spa
BY NANDINI BALI

SPA INFORMATION

OPERATING HOURS

The Spa at Nandini Jungle by Hanging Gardens is open daily from **09:00 AM to 10:00 PM**.

RESERVATIONS

A **24-hour advance reservation** is highly recommended to secure your preferred date and time, as treatments and facilities are subject to availability. Please dial extension #0 to make your appointment.

SPECIAL CONSIDERATIONS

Guests who are pregnant, have high blood pressure, a heart condition, or any medical complications are advised to consult their physician prior to making a reservation. Kindly inform our staff of any medical conditions before your treatment.

ADMISSION

The Spa is open to all resort guests and visitors. However, priority will be given to resort guests for appointments.

ARRIVAL

Please arrive at the Spa Reception at least **15 minutes prior** to your scheduled appointment. Late arrivals may have their treatment time reduced to accommodate other guests.

CANCELLATION POLICY

Treatments are specially reserved for you with one of our skilled therapists. A 24-hour advance notice is kindly requested for all cancellations. A 50% cancellation charge will apply for guests who fail to arrive for their reserved treatment.

AMENITIES

Personal amenities and toiletries are provided in the Spa treatment rooms.

SPA ETIQUETTE

For the comfort of all guests, please refrain from using mobile phones and other communication devices within the spa premises.

SMOKING & ALCOHOL

Smoking is strictly prohibited in the Spa area. Alcohol consumption is not advised before any Spa treatments.

MINIMUM AGE

An adult must accompany children under the age of **10** during their spa treatment.

PRIVACY

Our therapists will discreetly drape areas of your body not involved in the treatment to maintain privacy and modesty at all times.

PAYMENT

We accept cash and major credit cards. Resort guests may charge services and products to their villas.

PRICES & TAXES

Prices are quoted in Indonesian Rupiah (IDR) and shown in "000. All prices are subject to 23.75% service charge and government tax.

REFUND POLICY

All treatment packages are non-transferable, non-refundable, and non-exchangeable.

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OUR SPA SIGNATURE TREATMENTS:

RECOMMENDED PRESSURE GUIDE:  Strong  Medium  Gentle

Please inform your spa therapist at any time if you wish to increase or reduce the pressure of your treatment.

TREATMENTS BY SUNGAI SPA

BODY THERAPY

REJUVENATING CEM CEMAN   **90 MIN - IDR 1,700,000**
Indulge in a Balinese massage followed by a soothing hair treatment and scalp massage using traditional Cem Ceman herbal oil for nourished, silky hair.

EXOTIC BALINESE  **60 MIN - IDR 1,200,000**
90 MIN - IDR 1,500,000
Experience gentle rolling and deep kneading with organic coconut oil in this traditional Balinese massage, promoting circulation and total relaxation.

STONE THERAPY  **90 MIN - IDR 2,300,000**
Relieve tension and promote relaxation with smooth river stones, addressing muscular tension and sore joints for a healthy glow.

NANDINI TWIN ANGEL  **90 MIN - IDR 2,500,000**
Experience pure relaxation and harmony with synchronized four hands massage by two therapists, providing an exclusive spa experience.

BLISS  **60 MIN - IDR 1,500,000**
Employing deep pressure and slow strokes, target and release tension deeply embedded in muscles and connective tissues for relief.

HERBAL MASSAGE  **60 MIN - IDR 1,500,000**
Soothe tired muscles and stiff joints with hot compresses, promoting relaxation and rejuvenation.

CHI REJUVENATION  **60 MIN - IDR 1,600,000**
Experience a dry massage technique using thumbs, fists, elbows, and feet to apply pressure to specific points on the body, aiming to stimulate blocked energy flow caused by stress or prolonged positions and stress, perfect for those on a tight schedule.

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FOOT THERAPY

REFLEXOLOGY

60 MIN - IDR 850,000

Invigorating foot therapy involving acupressure points on the soles of your feet to stimulate energy flow, complete with a foot scrub and warm aromatic oil bath.

FEET SPA

60 MIN - IDR 850,000

A luxurious footbath in aromatic essential oil to soothe the travel fatigue feet, followed by a relaxing foot massage. This treatment relieves swelling and built-up pressures, energizes and revitalises the feet and calves, a perfect pampering for tired feet.

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SCALP & HAIR CARE

SHINING GLORY

30 MIN - IDR 800,000

Rich in Vitamins B, E and K, with 15% natural fat content, estate-grown freshly-picked avocados are superbly moisturizing and nourishing, especially for sun-damaged, dry and frizzy hair. Coupled with a luxurious scalp, neck and shoulders massage, this treatment gives your hair a glorious shine and lustre.

RELIEF MASSAGE

30 MIN - IDR 750,000

Experience revitalizing relief through a focused foot or shoulder massage, expertly tailored to release accumulated tension and stress. Ideal for those seeking effective relaxation amidst a busy schedule.



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SKIN GLOW

LULUR

30 MIN - IDR 800,000

Inspired by a traditional pre-wedding ritual once reserved for Javanese royalty, this luxurious body treatment combines the healing properties of ginger, turmeric, jasmine, and sandalwood. The aromatic blend gently exfoliates and revitalizes the skin, promoting a radiant and youthful complexion. Indulge in this time-honored ceremony designed to nourish the body and soothe the senses.

GREEN TEA

30 MIN - IDR 800,000

Enriched with natural green tea extract, this treatment effectively removes dead skin cells and impurities while delivering potent antioxidants that protect and brighten your complexion. Feel your skin become smoother, clearer, and beautifully radiant, all while enjoying the calming aroma that soothes your mind and senses.

COCONUT

30 MIN - IDR 800,000

This gentle scrub effectively removes dry skin cells, revealing a smoother, more radiant complexion. Infused with nourishing coconut oil, it deeply hydrates and softens the skin, leaving it supple, refreshed, and glowing.

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JUNGLE BODY MASK

ALOE AVOCADO

30 MIN - IDR 1,000,000

Particularly beneficial for sun-soaked skin, this treatment involves generous application of freshly-pureed avocado, rich in Vitamins B, E and K, and fresh aloe vera gel with soothing and anti-inflammatory properties. The healing balms are gently massaged into your skin, followed by a banana leaf body wrap, allowing the skin to be soothed, softened and completely hydrated.

PAPAYA

30 MIN - IDR 950,000

Enriched with natural enzymes and potent antioxidants, this treatment provides gentle exfoliation and skin brightening. Infused with vitamins A, C, and E, papaya supports the restoration of a healthy glow, evens skin tone, and enhances texture.

MILK

30 MIN - IDR 950,000

This nourishing treatment uses the natural richness of milk to deeply hydrate and soften the skin. Packed with essential vitamins and proteins, the milk body mask helps to soothe dryness, improve texture, and restore a healthy, radiant glow.

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BEAUTY BY THE SPA

PURE NATURE FACIAL

60 MIN - IDR 1,000,000

Refresh, Revitalize, and Rejuvenate with the natural essence of cucumber toning, oatmeal exfoliation, milk cleansing, and the revitalizing blend of honey and yogurt in our natural masks.

BIO REJUVENATION

60 MIN - IDR 1,200,000

Revitalize and renew your skin with Biokos products. This treatment eliminates dead skin cells, restores hydration, and enhances natural suppleness.

HAND & FEAT

JUNGLE MANICURE

75 MIN - IDR 750,000

Luxurious manicure including shaping, buffing, polishing, and a soothing hand massage for soft, radiant hands.

JUNGLE PEDICURE

75 MIN - IDR 800,000

Lavish pedicure experience with nail shaping, polishing, foot soak, exfoliation, massage, and moisturizing treatment for revitalized feet.

THE NAIL POLISH

30 MIN - IDR 450,000

Exquisite Nail Polish collection with rich pigmentation and enduring wear for vibrant, glossy nails.



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SIGNATURE SPA PACKAGE BY THE RIVER

NANDINI SIGNATURE SPA ON THE RIVER

3 HOURS - IDR 7,000,000/COUPLE
- IDR 4,000,000/SINGLE

Indulge in a Balinese Holy Exotic Balinese Massage, Traditional Body Scrub & Mask, and Relaxing Facial Treatments.

RIVERSIDE SANCTUARY SPA PACKAGE

2 HOURS - IDR 6,000,000/COUPLE
- IDR 3,500,000/SINGLE

Enjoy an Exotic Balinese Massage with Traditional Body Scrub & Mask by the serene river.



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LUXURY SPA PACKAGE

WINE SPA

2,5 HOURS - IDR 7,000,000/COUPLE
- IDR 4,000,000/SINGLE

Experience a Balinese Massage, Wine Scrub & Mask, a luxurious Wine Bath, and a complimentary glass of Red Wine.

BALI BLISS

2,5 HOURS - IDR 2,800,000

Immerse in Aromatherapy Flora Footbath, Exotic Balinese Massage, choice of Traditional Body Scrub, Aromatherapy Flora Bath, and choice of Facial or Foot Massage.

WELLNESS HARMONY

2 HOURS - IDR 2,500,000

Relax with Aromatherapy Flora Footbath, Exotic Balinese Massage, choice of Traditional Body Mask, and an Aromatherapy Flora Bath.

SPA DISCOVERY

90 MIN - IDR 2,000,000

Experience an Exotic Balinese Massage followed by a refreshing Bio Rejuvenating Facial or Pure Natural Facial.

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