

Bali At *Sayan* Hand - Book

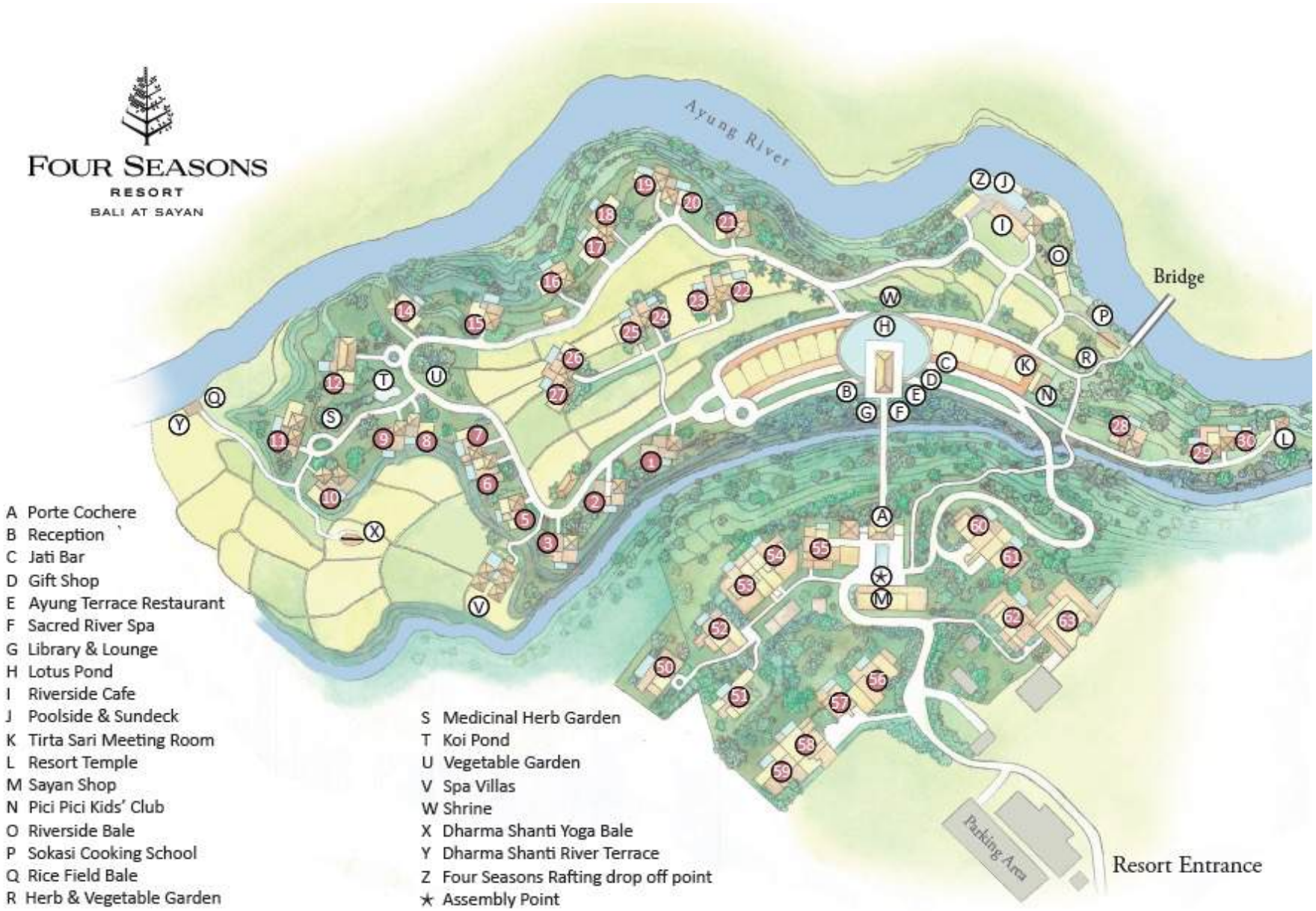


Welcome To Four Seasons Resort Bali At *Sayan*

“YOUR RIVERSIDE SANCTUARY IN BALI'S CULTURAL HEART”

Float above treetops on a dramatic suspension bridge and cross into a different world. With locally inspired experiences and rice bowl-shaped architecture set against the lush Ayung River Valley, our Resort takes you closer to the heart and soul of Bali.

FOUR SEASONS
RESORT
BALI AT SAYAN



A Porte Cochere
B Reception
C Jati Bar
D Gift Shop
E Ayung Terrace Restaurant
F Sacred River Spa
G Library & Lounge
H Lotus Pond
I Riverside Cafe
J Poolside & Sundeck
K Tirta Sari Meeting Room
L Resort Temple
M Sayan Shop
N Pici Pici Kids' Club
O Riverside Bale
P Sokasi Cooking School
Q Rice Field Bale
R Herb & Vegetable Garden

S Medicinal Herb Garden
T Koi Pond
U Vegetable Garden
V Spa Villas
W Shrine
X Dharma Shanti Yoga Bale
Y Dharma Shanti River Terrace
Z Four Seasons Rafting drop off point
★ Assembly Point



Accommodations

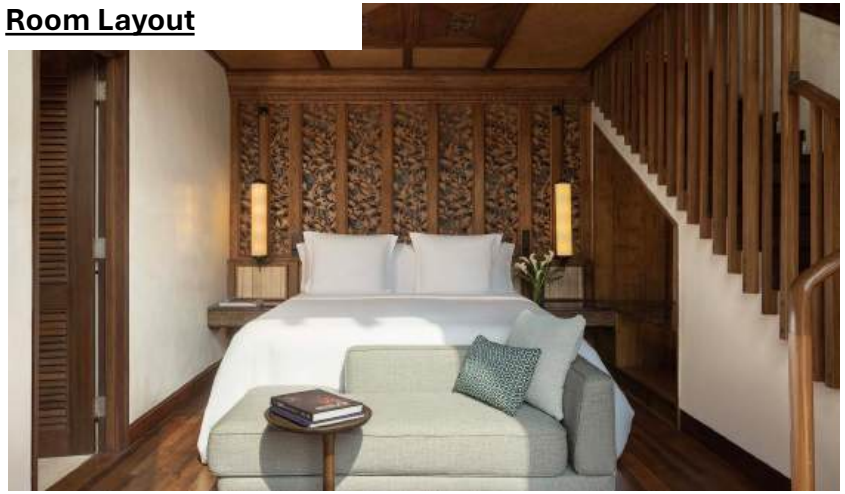
Suites

Perfect for family vacations or romantic couple retreats, these expansive Suites provide all the extra space you could need for your stay, with separate sleeping and living spaces.

Click here or more detail



Room Layout



Premier *Duplex* Suite

Room Size : 170 sqm
Bed Type : King Bed only
View : Rice Field / Ayung River Valley
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit (at upper floor living area)
King Bed size : 180cm x 200cm

Feature:
1. Two storey suite
2. Air-coned living area
3. Balcony / Outdoor Terrace
4. Bathtub and separated indoor shower
5. Guest Toilet

Total Unit : 13 Suites
Connecting : 4 pairs Duplex Suite

Room Layout



Premier *Family* Suite

Room Size : 216 sqm (Flat, consist of 1 floor only)
Bed Type : King Bed + Two-Queen Bed
View : Rice Field / Valley
Max Occ : 3 Adt OR 2 Adt + 2 Chd
Extra Bed : 1 unit
King Bed size : 180cm x 200cm

Feature:
1. Spacious air-coned living area
2. Balcony / Outdoor Terrace
3. One full bathroom with bathtub and separate indoor shower + one kid's bathroom with indoor shower
4. Separate Kid's room with trundle bed
5. Proximity to kid-friendly amenities/facilities

Total Unit : 3 Suites with King Bed, and 2 Suites with Two-Queen Bed
Connecting : N/A

Villas

With private pools and spacious balconies or terraces in the finest locations in the Resort, our spectacular private home-style Villas are perfect for family getaways or vacations with friends.

Click here for more details



Room Layout



Garden Pool Villa

Room Size : 350 sqm
Bed Type : King Bed and Twin Bed
View : Resort's Garden
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm
Twin Bed size : 150 x 200 cm (two queen bed)

Feature :
1. Private Plunge Pool
2. Open air living area
3. Pool deck with plush daybed
4. Bathtub, indoor and outdoor shower
5. Walk-in closet
6. Outdoor dining area

King Bed : 22 Villas
Twin Bed : 4 Villas
Connecting : 9 pairs One Bedroom Villa, 1 pair One Bedroom Villa connect to Sayan Villa

Room Layout



Riverfront Pool Villa

Room Size : 340 sqm
Bed Type : King Bed only
View : Ayung River
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm

Feature :
1. Below-ground design with upper meditation/yoga deck
2. Open air living area
3. Pool deck with plush daybed
4. Heated Plunge Pool
5. Bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area

Total Unit : 11 Villas
Connecting : 3 pairs

Room Layout



Sayan Pool Villa

Room Size : 480 sqm
Bed Type : King Bed only
View : Sayan Valley
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm

Feature :
1. Heated Plunge Pool
2. Open air living area
3. Pool deck with plush daybed
4. Heated Plunge Pool
5. Bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area

Total Unit : 2 Villas
Connecting : 1 pair Sayan Villa connected to One Bedroom Villa

Room Layout



Garden Pool Villa

Room Size : 350 sqm
Bed Type : King Bed and Twin Bed
View : Resort's Garden
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm
Twin Bed size : 150 x 200 cm (two queen bed)

Feature :
1. Private Plunge Pool
2. Open air living area
3. Pool deck with plush daybed
4. Bathtub, indoor and outdoor shower
5. Walk-in closet
6. Outdoor dining area

King Bed : 22 Villas
Twin Bed : 4 Villas
Connecting : 9 pairs One Bedroom Villa, 1 pair One Bedroom Villa connect to Sayan Villa

Room Layout



Riverfront Pool Villa

Room Size : 340 sqm
Bed Type : King Bed only
View : Ayung River Valley
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm

Feature :
1. Below-ground design with upper meditation/yoga deck
2. Open air living area
3. Pool deck with plush daybed
4. Heated Plunge Pool
5. Bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area

Total Unit : 11 Villas
Connecting : 3 pairs

Room Layout



River-View Pool Villa

Room Size : 340 sqm
Bed Type : King Bed only
View : Ayung River Valley
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm

Feature :
1. Below-ground design with upper meditation/yoga deck
2. Open air living area
3. Pool deck with plush daybed
4. Heated Plunge Pool
5. Bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area

Total Unit : 11 Villas
Connecting : 3 pairs

Room Layout



Sayan Pool Villa

Room Size : 480 sqm
Bed Type : King Bed only
View : Sayan Valley
Max Occ : 3 Adt OR 2 Adt + 1 Chd
Extra Bed : 1 unit

King Bed size : 180 x 200 cm

Feature :
1. Heated Plunge Pool
2. Open air living area
3. Pool deck with plush daybed
4. Heated Plunge Pool
5. Bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area

Total Unit : 2 Villas
Connecting : 1 pair Sayan Villa connected to One Bedroom Villa









Room Layout



Garden *Two Bedroom Pool* Villa

Room Size : 760 sqm
Bed Type : 1 King and 1 Twin Bed
View : Resort's Garden
Max Occ : 6 Adt OR 4 Adt + 2 Chd
Extra Bed : 2 units

King Bed size : 180 x 200 cm
Twin Bed size : 150 x 200 cm

Feature:
1. Below-ground design with upper meditation/yoga deck
2. Open air living area
3. Private terrace for each bedroom
4. Heated Pool
5. Ensuite bathroom with bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area
8. Kitchen

Total Unit : 1 unit

Room Layout











Riverview *Two Bedroom Pool* Villa

Room Size : 1,320 sqm
Bed Type : 1 King and 1 Twin Bed
View : Ayung River and Valley
Max Occ : 6 Adt OR 4 Adt + 2 Chd
Extra Bed : 2 units

King Bed size : 180 x 200 cm
Twin Bed size : 150 x 200 cm

Feature:
1. Below-ground design with upper meditation/yoga deck
2. Open air living area
3. Private terrace for each bedroom
4. Heated Pool
5. Ensuite bathroom with bathtub, indoor and outdoor shower
6. Walk-in closet
7. Outdoor dining area
8. Kitchen

Total Unit : 1 unit







Room Layout



Royal Three-Bedroom Pool Villa

Room Size	: 2,125 sqm
Bed Type	: 2 King Bed and 1 Queen Bed
View	: Ayung River/ Sayan Valley
Max Occ	: 9 Adt OR 6 Adt + 3 Chd
Extra Bed	: 3 units
King Bed size	: 180 x 200 cm
Twin Bed size	: 150 x 200 cm

Feature:

1. Below-ground design with upper meditation/yoga deck and gazebo
2. Open air living and dining area
3. Air-conned dining and living area
4. Private terrace for each bedroom
5. Expanded Heated Pool
6. Ensuite bathroom with bathtub, indoor and outdoor shower
7. Walk-in closet
8. Fully Equipped Kitchen
9. Private event/banquet venue

Total Unit : 1 unit


Dining

Dining

Created with artistry, driven by taste and enriched by connection. Choose from an extensive menu of local and International favorites, during the day or night.

Click here for more details





Ayung Terrace

Service
Breakfast, Lunch and Dinner

Opening hours
06:30 AM – 11:30 AM
11:30 AM – 03:00 PM (Mon to Sat)
06:00 PM – 10:00 PM

Style of Cuisine
Asian & Indonesian
Sattvic Soul Food

View
Ayung River & Rice Field

Click Here for more details



Riverside

Service
Lunch and Dinner

Opening hours
11:00 AM – 6:00 PM
6:00 PM – 10:00 PM

Style of Cuisine
Mediterranean

View
Ayung River

Click Here for more details



Jati Bar

Service
Bar & Light Snack
Afternoon Tea

Opening hours
12:00 PM – 5:00 PM
12:00 PM – 00:00 AM

Style of Drink/Cuisine
Alcoholic, Non-alcoholic
Light bite/snack

View
Ayung River & Valley

Click Here for more details



Sokasi

Service
Cooking Class
Chef's Table Dinner
Farmer Brunch

Opening hours
8:00 AM – 2:00 PM
07:30 PM – 10:00 PM
11:30 AM – 3:30 PM

Style of Cuisine
Balinese

View
Ayung River

Click Here for more details

Ayung Terrace

Favourite dishes from across the Indonesian archipelago are elevated to match the treetop views, as Chef Suta presents authentic flavours with a modern twist.

Discover the wonders and flavours of Sattvic-inspired soul food with our high-fibre and low-fat vegetarian menu. The ancient Sattvic philosophy is rooted in Ayurveda and has been recognized to promote longevity and mental clarity through a healthy diet, mindfulness and exercise.

Click here for more details





Riverside Restaurant and Tapas Bar

Echoing the Ayung River's melodic flow, the revamped Riverside takes diners on a culinary journey that channels the cultural exchange of early Mediterranean maritime routes.

Tuck into the treasures of Italy, Spain, France, Lebanon and Greece – united in shared plates of seafood, homemade pasta and sizzling meats – in a serene Med-inspired garden and riverside setting.

Click here for more details

Jati Bar

Unwind with afternoon tea or savour light snacks and Barrel – Aged alcoholic selections while looking out at the lush Ayung River Valley from this lounge decked out in teak wood.

Click here for more details





Sokasi

Tucked away in the unspoiled rainforest of Ubud and within the serene grounds of The Four Seasons Resort Bali at Sayan you will find Sokasi, Sokasi means shallow rice basket which fittingly compliments the open-aired bamboo kitchen which overlooks the Ayung River.

COOKING SCHOOL

(Mon, Wed, Fri 07:30 PM – 10:00 PM)

Learn the rituals, techniques, ingredients and customs behind local cuisine. After a market tour with our chef, you will return to Sokasi for a class on six of Bali's favourite dishes, culminating in a flavorsome lunch of your making. Click here for more detailed information.

CHEF`S TABLE

(Mon, Wed, Fri 07:30 PM – 10:00 PM)

Savour the aromas of Balinese cuisine and talk to the chef as you watch your meal being cooked right before your eyes in Sokasi's riverside kitchen. This intimate seven-course dinner highlights forgotten recipes and classics like babi guling suckling pig and bebek betutu whole duck, slow-roasted in a traditional underground clay oven. Click here for more detailed information.

Lotus Pond

ROMANTIC DINNER
(Daily 6:00 PM – 10:00 PM)

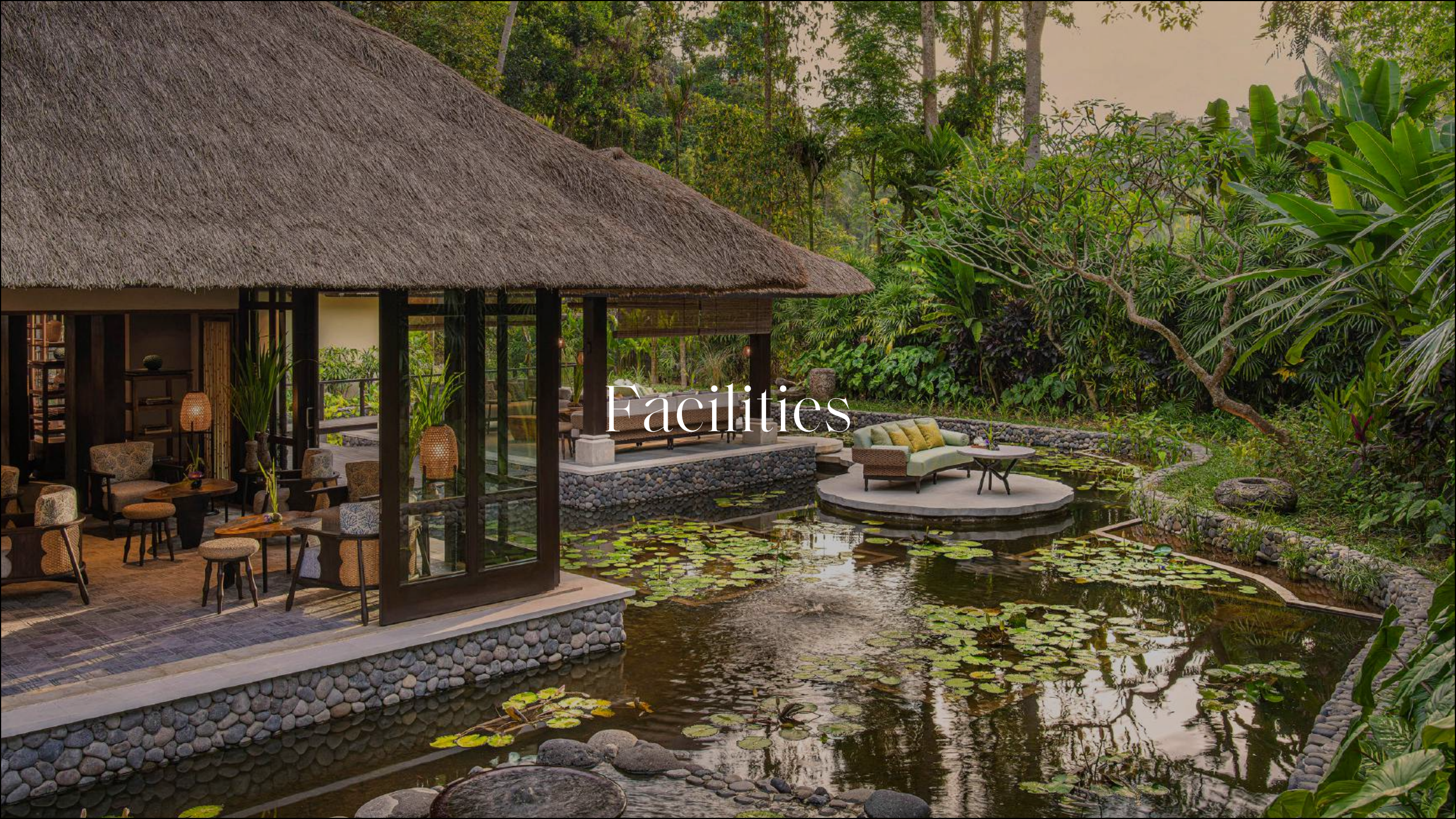
For a magical memory of Sayan, we offer a romantic dinner in your preferred location – whether it be in the privacy of your villa or on the rooftop lotus pond. Enjoy a selection of Western or Indonesian creations complete with candles and exotic flowers.



SUNRISE CANOPY BREAKFAST
(Daily between 6:00 AM and 7:00 AM)

Sleeping in and lazy mornings are some of the perks of being on vacation, but there's a reason why Bali is known as the “Morning of the World”. Enjoy a private sunrise breakfast among the treetops on our Rooftop Lotus Pond, while watching the first light of day spread over the forest around you.





Facilities

Resort's *Complimentary* Facilities



Main Pool

6:00 AM – 6:00 PM



Pici Pici
(Kid's Club)

09:00 AM – 6:00 PM



Gym

6:00 AM – 9:00 PM



Library / Lounge

6:00 AM – 9:00 PM



Whirlpool

6:00 AM – 9:00 PM

Pici Pici

Pici Pici, which means “little snail” in Balinese, offers creative and culturally enriching activities across a range of imaginative play and arts programs.

Click here for more details













Sacred River Spa

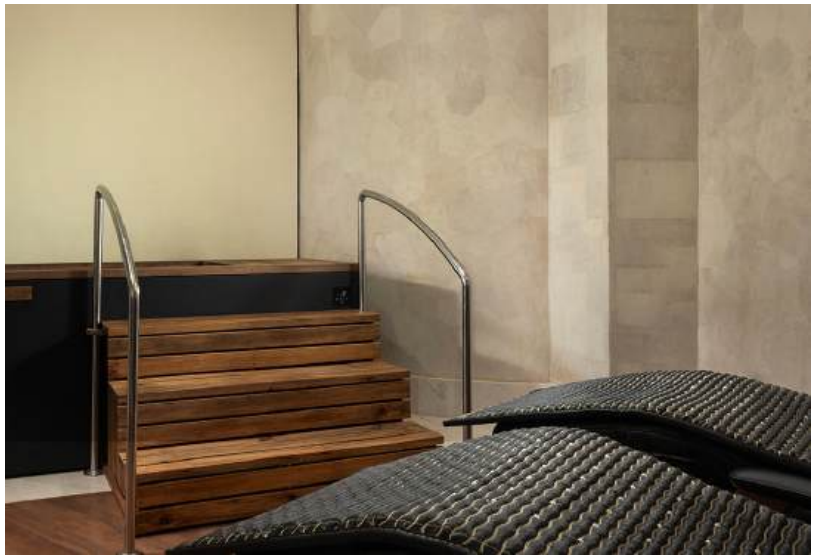
A New Sanctuary of Primal Balance. The Sacred River Spa takes its inspiration from the ancient Balinese philosophy of Niskala (unseen energy). Treatments are enhanced by a new collaboration with Synthesis Organics: a holistic plant-powered, energy-imbued line of skincare and aromatherapy products. Highlights include revised Chakra Ceremonies that maximize the free flow of energy in a meaningful quest for spiritual, physical, mental and emotional balance

Experience Highlight:

- Restu Bumi
- Tirta Ening
- Sound Healing
- Chakra Ceremonies
- Sacred Nap
- TDA facial

Click here for more details







Fitness Hub

Train smart, recover smarter

The new fitness-focused space is part of a comprehensive approach to health and wellbeing at the Sacred River Spa.

Fitness Hub includes a fully-equipped gym and holistic recovery facilities, a Fit Bar and Boutique, and three private studios with personal trainer (gym, recovery area and furnished Pilates space).

Highlights:
- Pulih Batin
- Hydrotherapy Healing
- Pilates Studio
- Fit Bar



Activities



Signature *Activities*

Find details of the extensive range of Sayan Signature Experiences designed to enable you to embrace the spirit of Bali, discover secret spots and make deeper connections with this special island.

Being ideally situated in the spiritual hub of Bali, feel welcomed to explore our wellness activities to increase awareness, reduce stress and find inner balance.

Click here

To access our activity booklet “Curious Book”


Wellness

Sacred Nap

Take an afternoon “air nap” suspended from the ceiling of the bamboo Dharma Shanti Bale in an aerial silk hammock, cocooned in the tranquility of the Sayan Valley.

Feel your entire body relax and rock gently to sleep in the womb-like cocoon far away from any disturbances. Allow yourself to nod off while listening to the sounds of nature and the life story of Buddha as told by Ibu Fera.

Deeply soothing and nurturing, this is a not-to-be-missed relaxation technique that will leave you feeling refreshed and recharged, and planning your next air nap.

Click Here for more details





Yoga & Meditation

CHAKRA YOGA

Inspired by Balinese philosophy, the wellness programme at Sayan emphasizes the flow from Niskala to Sekala (from the inside-out, the spiritual 'unseen' energy to the physical or 'seen').

Central to this is restoring balance and harmony to our seven key chakras, or energy centres, that run along the spinal column. For maximum benefits, we encourage to complement your Chakra Yoga class with the corresponding Chakra Ceremony full body spa treatment. A serene purifying space for individuals or couples.

Balinese *Healer*

Djik Dewa is a gifted healer specializing in Kundalini energy. He acts as a priest in his family shrine and is entirely devoted to helping others. Working with sensitivity, energy work and occasional touch, each individual session sees him scanning the body, facilitating the re-activation and balancing of each of the main seven chakras in succession. His humble and sincere presence in every session allows great healing.




Experiences



Can You Keep A *Secret?*

In this day and age of social media, Bali's most famous temples and historical sites are often crowded. Yet the island offers many inspiring sites that are not yet on the 'radar', and we would like to keep it that way. If you agree to keep it secret, our guide will take you back in time with a trip to a nearby yet untouched rice farming village. Visit an enormous sacred banyan tree and a preserved historic house to learn about Balinese architecture, and then a secluded water temple.

Here, you can bathe in the holy springs and participate in a melukat ritual, where you will make an offering and be blessed by the village priest.

Return to the resort invigorated with the renewed hope that not all the best places have already been discovered.

Private *Rafting*

Marvel at the natural beauty of the sacred Ayung River and gain insights into Bali's vibrant culture along the way with our guided rafting experience. Enjoy the scenic journey through the river valley's wilderness dotted with virgin jungle, rice terraces and towering trees, and keep an eye out for local wildlife. Finally, you will make a riverside landing directly at Four Seasons Sayan, exhilarated as you receive a warm welcome back 'home'.

Enhance your check-in experience with Arrival by River Raft in Bali Twice the Magic package.

Click here for more details





A Day in the Life of a Balinese *Farmer*

Take in the view of the pure emerald green of Bali's rice fields. We'll guide you to where you can help farmers plant rice, then to a spa villa for a cleansing and relaxing ritual, followed by a traditional farmers' lunch by the river.

Click here for more details

Other *Experiences*



Biking Adventure

Perfect for travellers looking for an off-the-beaten-path experience and a shorter, quieter route, the leisurely Bongkasa Village cycling tour shows an untouched side of Bali.



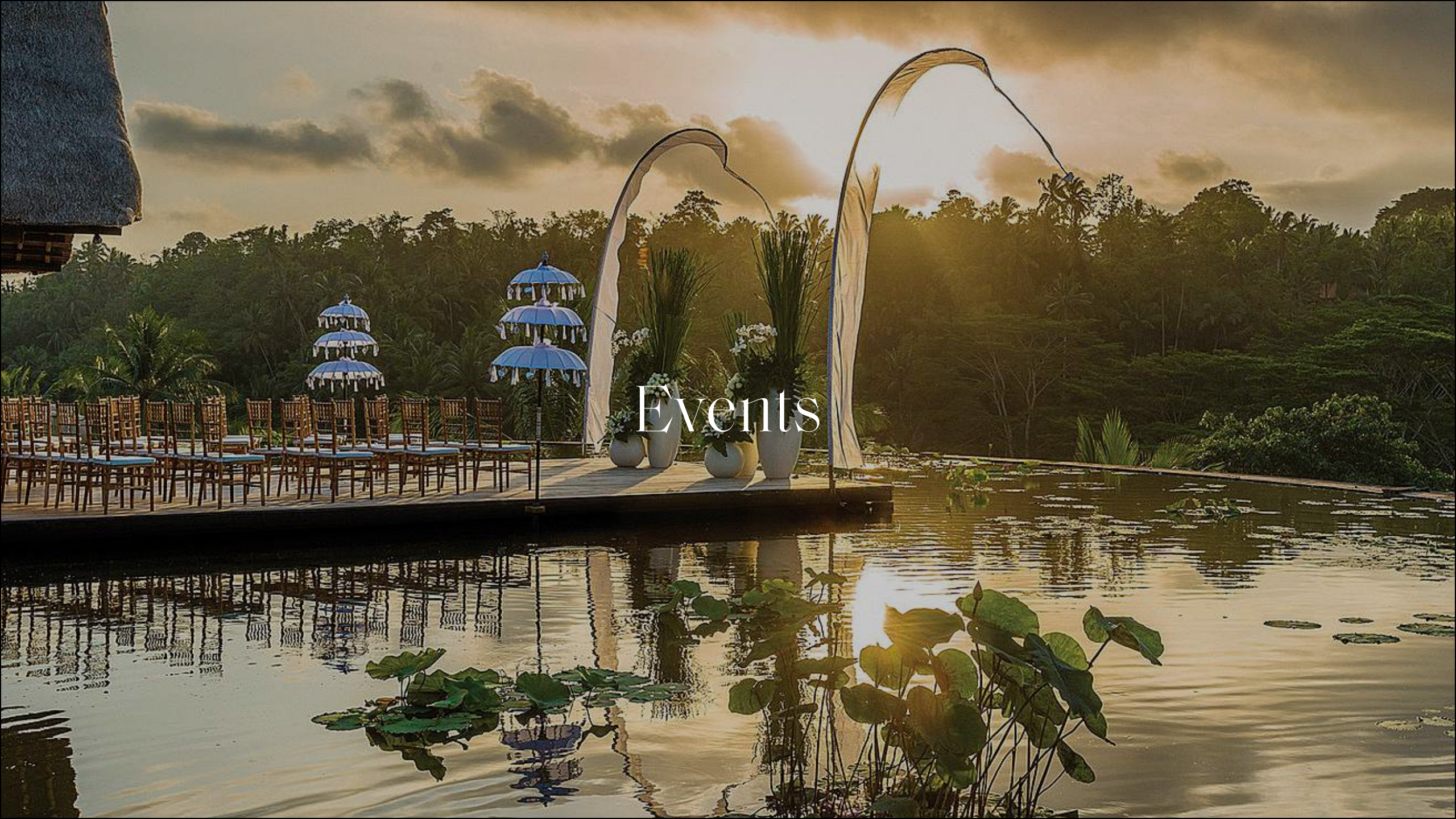
Trekking

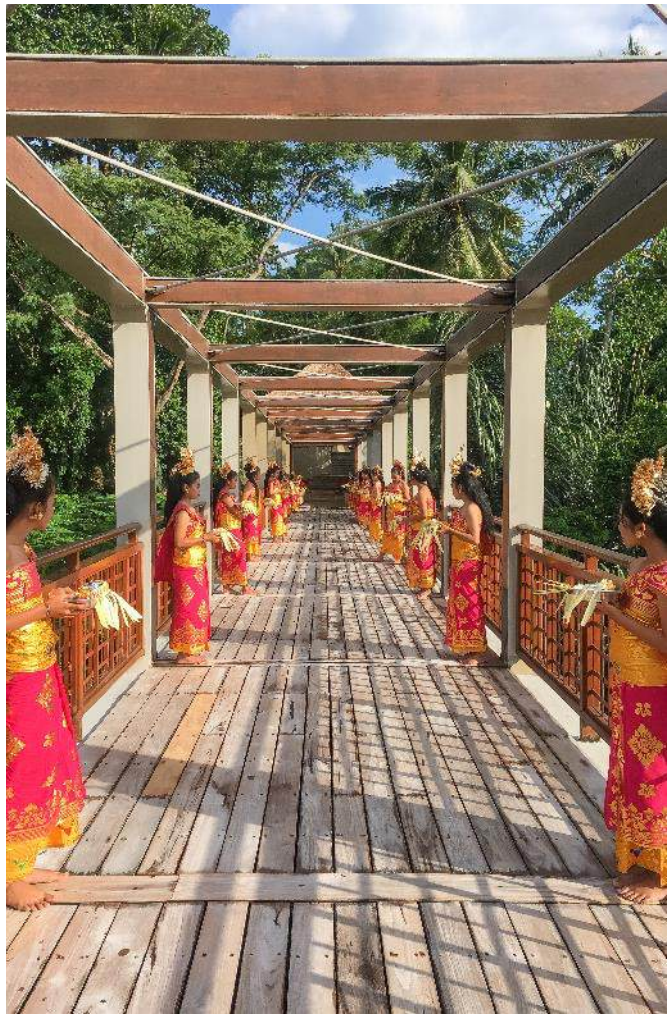
Trek alongside the river through wilderness inaccessible to other tourists, before crossing our bridge to bring you back home to the resort.



Floating Breakfast

Nothing says ‘holiday’ like waking up to a floating breakfast in your villa. Listen to the sounds of wildlife and soak up the magical valley environment, as we set sail to a three-course breakfast gliding across the surface of your private plunge pool.


Events



Events

With event spaces that open to the jungle and let in the sounds of the magical Ayung River, our Sayan Resort offers the perfect setting for intimate social occasions and celebrations, as well as elevated wellness retreats. Our lush gardens, private-dining rooms and spacious villas are at your service, as are our intuitive staff, who are always on hand to make sure every event is unforgettable.

Click here to *access our* group brochure *“Discover Bali”*

Sustainability

At Four Seasons Resort Bali at Sayan, we are committed to preserving and regenerating the environment and leaving a positive, enduring impact on our local community.

Click here to learn more about some of the sustainability initiatives we have implemented at our property.





Matur Suksma

See you at Four Seasons Resorts Bali at Sayan