

# SPA MENU

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60/90min 300K/400K

## BALI BLISS MASSAGE •

A gentle massage with vital points stimulation to detoxify the body and create Calm & Deep relaxation. This treatment balances energy levels and relieves muscular aches and pains.

## SHI-ATSU •••

The Art of Japanese Bodywork. Firm hand pressure is applied to specific body points with the aim to improve postural alignment, relieve tension and pain. It restores physical and emotional well-being.

## STRESS RELIEF MASSAGE ••

Superior antistress treatment working into your nervous system. Focusing in the head, face, neck and upper body to promote the feeling of calmness, high reduction of anxiety and chronic stress. Improve emotional resilience, clarity and better total body health.

## KOYA SIGNATURE MASSAGE ••

This unique massage uses highly therapeutic techniques including kneading, acupressure and trigger point work, to encourage the flow of energy along your body's meridians, promoting emotional, mental, spiritual and physical healing.

## JAPANESE DEEP TISSUE MASSAGE •••

A powerful healing massage. Slow yet deep pressure is applied on specific trigger points that aids to release deep muscle tension and improve vitality.



# EXPERIENCES

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## MOM-TO-BE •

60/90min 350K/450K

This blissful Pregnancy Massage is designed to alleviate the aches and tension associated with pregnancy, using gentle and safe techniques that promote overall well-being and creates a peaceful, tranquil space for you to connect with your growing baby.

## FOUR HANDS BODYWORK •••

90min 850K

Experience the restorative benefits of two master therapists massaging your body in seamless coordination, relieving tension using a blend of techniques that provide grounding and healing.



# INTENSIVE LOCALIZED MASSAGE

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60/90min 300k/400k

Choose from specific body parts to target during your session:

## BACK, HIPS AND LEGS MASSAGE ●●●

The primary goal of this trigger point therapy is to release tension throughout the body, reduce pain, and ease chronic stress.

## HEAD, NECK, SHOULDERS AND ARMS MASSAGE ●●●

Using firm pressure, soothing strokes and stretches, this massage is designed to concentrate on tension built up in the upper body, so the benefits can be achieved in a shorter period of time.



# RITUALS

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120min 800k

Each ritual is an immersive journey — a sanctuary for your soul, a path to inner peace, and a celebration of self-care. Surrender to the moment and emerge renewed, radiant, and ready to embrace life's next chapter.

Our exclusive aromatherapy, thoughtfully integrated into every ritual, harnesses the essence of Japan's 'seven herbs' to harmonize your emotions and elevate your senses.

Your journey is further enriched with a tranquil Japanese tea ceremony, accompanied by exclusive Wagashi sweets, offering a moment of serene indulgence and mindful reflection.

## KOYA JOURNEY ••

Embark on a transformative escape designed to cleanse, rejuvenate and restore your body and mind. Indulge in a deeply restorative bodywork massage that masterfully blends ancient and modern techniques to release tension, enhance circulation, and promote holistic well-being. Every touch is thoughtfully tailored to your unique needs, creating a harmonious balance of relaxation and renewal.

## DEEP SLEEP ••

This ritual is meticulously crafted to unlock a profound sense of tranquility. By stimulating key acupressure points along the back and legs, it gently soothes the nervous system, enhances sleep quality, and improves circulation. Tension and anxiety melt away as you drift into a state of deep relaxation, leaving you feeling harmoniously balanced, revitalized, and deeply restored.

