



*The Bali Eden*

HEALTH SUITE MENU



# BIOHACKING

## **CRYOTHERAPY | 3 MINUTES**

Whole-body cryotherapy exposes the entire body to temperatures as low as -110°C for 3 minutes. This immersive treatment involves entering a cryo-chamber where dry, nitrogen-cooled air circulates. This therapy helps to reduce inflammation, alleviate muscle soreness and boost circulation. Whole-body cryotherapy is popular among athletes and individuals seeking general wellness benefits, improved sleep quality, and increased energy levels.

Prepare your body by ensuring it is free from metal materials and jewellery. Additionally, ensure that the entire body is dry and free from oils and lotions.

<b>- 1 Session</b>	<b>IDR 900.000</b>
<b>- 1 Week Unlimited</b>	<b>IDR 7.360.000</b>
<b>- 1 Month Unlimited</b>	<b>IDR 12.950.000</b>
<b>- 3 Month Unlimited</b>	<b>IDR 28.300.000</b>
<b>- 6 Month Unlimited</b>	<b>IDR 46.100.000</b>
<b>- 1 Year Unlimited</b>	<b>IDR 72.800.000</b>

All prices are presented in thousand rupiahs,  
will be subject to prevailing government tax and service charge of 21 %

## **LIVE O2 | 15 MINUTES**

LiveO2 is an oxygen training system through cycling exercise with inhalation of pure oxygen using a mask. By training with higher levels of oxygen, the respiratory system can adapt to more efficient oxygen utilization, improving lung capacity and overall respiratory function, as well as supporting the immune system's and stimulating the production of red blood cells.

- **Single IDR 730.000**
- **Couple IDR 1.200.000**

## **SALT THERAPY | 40 MINUTES**

With a capacity of up to 7 people, sitting and relaxing at our salt cabin can help to clean the airways and lungs effectively and alleviate sneezing, coughing, and shortness of breath. Nourishes and revitalizes the skin.

- **1 Session IDR 290.000**
- **3 Session IDR 630.000**
- **5 Session IDR 1.200.000**
- **10 Session IDR 2.270.000**

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## **COLONIC HYDROTHERAPY | 60 MINUTES**

Colonic treats constipation, Bali belly, bloating, parasite infestation, irritable bowel syndrome, and weight loss. This treatment removes fecal matter, gas, and mucus for a healthy internal gut. A healthy gut will allow vital nutrients to be absorbed quickly, leaving you feeling rejuvenated, healthy, and light.

<b>1 Session</b>	<b>IDR 1.500.000</b>
<b>3 Sessions</b> <b>(valid for one month)</b>	<b>IDR 4.000.000</b>

## **RED LIGHT THERAPY | 30 MINUTES**

This treatment is using gentle near-infrared light to reduce inflammation, smooth fine lines, scars, and discoloration, and boost collagen for healthier skin. It also helps heal wounds, ease joint and muscle pain, improve sleep, and support brain function, which is naturally enhancing your overall wellbeing.

<b>- Regular (single)   1 session   one day</b>	<b>IDR 550.000</b>
<b>- Regular (couple)   1 session   one day</b>	<b>IDR 750.000</b>
<b>- Radiance   3 sessions   one week</b>	<b>IDR 1.050.000</b>
<b>- Infinite Glow   5 sessions   one week</b>	<b>IDR 1.550.000</b>
<b>- Infinite Glow   12 sessions   one month</b>	<b>IDR 3.500.000</b>
<b>- Illuminate Plan   36 sessions   three month</b>	<b>IDR 10.500.000</b>

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## **STEM CELLS**

Stem cell therapy uses Mesenchymal Stem Cells (MSCs) powerful regenerative cells known for their ability to self-renew and transform into various tissue types. This treatment helps support healing, reduce inflammation, and promote overall cellular rejuvenation.

At The Bali Eden, this therapy is conducted by board-certified physicians, following a detailed medical consultation and laboratory screening to ensure safety and effectiveness. Treatments are administered intravenously or locally, depending on your needs. For best results, therapy is typically repeated every 3–4 months, with maintenance sessions every 6–12 months.

<b>Intravenous Stem Cell</b>	<b>IDR. 256.000.000</b>
<b>Localized Injection (Shoulder/Knee/both)</b>	<b>IDR. 96.000.000</b>

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## **IV DRIP**

Unlock the power of our IV drip therapy and experience unparalleled hydration, energy, and wellness. Perfect for busy professionals, active individuals, or anyone seeking a health upgrade and quick booster. Our IV drips deliver fluid, vitamin, and essential nutrients directly into your bloodstream for maximum effectiveness through a small needle inserted into a vein.

**BASIC IMMUNE BOOSTER PACKAGE IDR 1.900.000**

**± 60 Minutes**

Enhances your body's ability to fend off illnesses and recover faster with our specially formulated of complete vitamin B for immune booster.

**PREMIUM IMMUNE BOOSTER PACKAGE IDR 2.050.000**

**± 60 Minutes**

Take proactive steps to boost your immunity and stay at your best. Feel the power to reduce your level of discomfort and make you feel like new again. Infused with high-potency vitamin C and complete vitamin B.

**SUPER IMMUNE BOOSTER PACKAGE IDR 2.250.000**

**± 60 Minutes**

Strengthen your body's natural defences with our Super Immune Booster Package that combine with multivitamin (A, B, C, D, and E). Designed to enhance your immunity and support overall wellness, this treatment is perfect for those looking to stay healthy and energetic.

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**ANTI AGING IDR 1.900.000**

**± 60 Minutes**

Reveal a more youthful and radiant you with our Anti-Aging Treatment. Specially crafted to combat the effects of aging, this treatment delivers Vitamin C and antioxidants directly into your bloodstream to refresh your physical appearance, revitalize your overall well-being and promoting vibrant skin.

**BASIC HANGOVER IDR 1.900.000**

**± 60 Minutes**

Don't let a hangover ruin your day. Our Basic Hangover floods your system with essential fluids and electrolytes to quench your body's thirst, nausea, increased energy and restore balance.

**MEDIUM HANGOVER IDR 2.000.000**

**± 60 Minutes**

A complete package designed to revitalized energy, our specially formulated drip combines with essential fluids, electrolytes, pain killer and anti-nausea. The quickest way to provide your body with the nutrition it desires. Say goodbye to fatigue and hello to revitalized energy.

**PREMIUM HANGOVER IDR 2.150.000**

**± 60 Minutes**

Introducing our Premium Hangover, your secret weapon for a fast and fabulous recovery. Packed with fluid, stomach protector, anti-nausea, and pain killer for perfect solution to bounce back quickly and feel amazing, this drip is your ultimate morning-after solution.

### **TRAVELLER DRIP IDR 2.200.000**

**± 60 Minutes**

This Traveller Drip delivers essential hydration, nutrient, energy and immune booster from the best combination of electrolyte, complete vitamin B and antioxidant. Start your journey feeling refreshed, reenergized, and ready to make the most of every moment because your adventures should start with feeling fantastic.

### **BALI BELLY CURE PACKAGE**

**START FROM IDR 4.350.000**

- **FOOD POISONING ± 60 Minutes**
- **TRAVELER'S DIARRHEA ± 60 Minutes**
- **BALI BELLY ± 60 Minutes**

Traveller's diarrhea care, don't let Bali Belly spoil your adventure! Our Bali Belly Cure Package specialized formula targets the symptoms of Bali Belly, easing nausea and rebalancing your system with combination of electrolyte, stomach protector, anti-cramp, anti-nausea/vomit, complete vitamin B, and also oral medication (based on patient's condition). Enjoy the island's magic without the hassle of digestive discomfort.

***Noted: The price will be professionally adjusted with the patient's condition & medical needs.***

**JET LAG RECOVERY IDR 2.600.000**

**± 60 Minutes**

Crossing time zones to come to Bali?

Don't let jet lag hamper your enjoyment or productivity. Step into your destination with renewed energy and bounce back from time zone shifts with a powerful blend of electrolyte, stomach protector, antioxidant, vitamin C, and complete vitamin B. Travel smart, recover fast, and make the most of every moment!

**FLU RELIEVER PREMIUM IDR 3.000.000**

**± 60 Minutes**

When the flu strikes, don't just sit it out. Fortify your body with a potent mix vitamin (A, B, C, D, and E), antioxidant and essential fluids, designed to support your immune system for the ultimate solution to get you back on your feet and feeling fantastic.

**NAD+ IDR 6.700.000**

**± 2 Hours**

NAD (Nicotinamide Adenine Dinucleotide) is a powerful anti-aging infusion that boosts cellular energy, supports DNA repair, enhances brain function, and promotes healthy aging. Ideal for improving focus, reducing fatigue, and supporting overall vitality at a cellular level.



# INJECTION

Vitamin Injection Therapy is a treatment that involves the direct administration of vitamins and nutrients into the body via injection. This method is used to deliver essential vitamins and minerals directly into the bloodstream.

**REJUVENATION IDR 1.500.000**

**± 10 Minutes**

Strengthen your immune system, flu resistance and reduce your fatigue with a burst of vitamin C Injection that helps defend against illness and keeps you feeling your best.

**SUPER B SHOT IDR 1.400.000**

**± 10 Minutes**

Feel a burst of energy level and improve your mood as our vitamin B injection help combat fatigue and improve overall wellness.

**BRIGHTENING SHOT 1.650.000**

**± 10 Minutes**

Unleash your inner glow in a quick in with our Brightening Shot. Nourish your skin with essential nutrient from vitamin B and antioxidant injection to promote a healthy and help diminish signs of aging.

