



# SPA

DEEP ROOTS

Reset | Restore | Relax







# daily massage offerings

## SOUL MASSAGE

60 Minutes | 485K per person

This back, neck, and shoulder focused treatment is ideal for people experiencing lower and upper back pain as well as stiffness. With the use of soft-tissue manipulation techniques, experience a deep sense of body reset.

## BALINESE MASSAGE

75 Minutes | 545K per person

90 Minutes | 725K per person

This back, neck, and shoulder focused treatment is ideal for people experiencing lower and upper back pain as well as stiffness. With the use of soft-tissue manipulation techniques, experience a deep sense of body reset.

## WARM STONE MASSAGE

90 Minutes | 650K per person

120 Minutes | 1,075K per person

Warm stones penetrate deeper layers of the muscles, relieving pain and tension. This detoxifying massage combines heated stones with massage techniques to promote healthy circulation and relax damaged muscles and soft tissues.

## FOOT MAPPING

60 Minutes | 525K per person

This energising foot massage is recommended to take away the stress from long travels and improve your sleep quality. By targeting specific points on the feet, this treatment will reduce muscle tension and relax the body, leaving you feeling fresh for a new day.

\*All prices are in thousand rupiah and inclusive of 10% service charge and 11% government tax.





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## DEEP ROOTS SIGNATURE

120 Minutes | 790K per person

Indulge in a Balinese boreh body scrub and wrap, followed a traditional Balinese massage to relieve the body from muscle pain and tightness. The scrub and oils are made with all natural herbs and spices to increase blood flow, and to exfoliate and smoothen the skin. Finish your treatment with a rich anti-inflammatory tonic to boost your immune system.

## JAVANESE ROYAL RITUAL

120 Minutes | 790K per person

Immerse yourself in a lulur body scrub made of saffron, rice flour, traditional spices and roots to remove dead skin cells. This scrub will rejuvenate the skin, and is followed by a gentle aromatherapy massage.

# daily facial therapies

## RESET FACIAL THERAPY

60 Minutes | 800K per person

This deep, pore cleansing facial uses a multi-step treatment to reset your skin and make it healthy. This treatment is ideal for achieving a clear and glowing complexion.

## RESTORE FACIAL THERAPY

75 Minutes | 800K per person

This facial therapy begins with an exfoliation and is followed a soothing restorative face mask that highly promote collagen growth to improve skin elasticity and firmness.

## RELAX FACIAL THERAPY

90 Minutes | 1,030K per person

After a complete exfoliation, the rose quartz stone's upward massaging strokes will improve skin elasticity while releasing tension to relax facial muscles. This therapy is best for softening fine lines and healing breakouts. This facial will melt your tension away after finishing with a hydrating face mask.





# spa etiquette

## NURTURING HOURS

The Spa is open daily from 10:00 to 19:00.

## RESERVATIONS

Please inquire at the reception and book ahead of time to ensure your preferred treatment type and time.

## PRIOR TO ARRIVAL

We recommend that you leave all valuables in the safe before receiving spa treatments. Male guests are advised to shave prior to all facial treatments to ensure the best results.

## DURING SPA

In order to fully enjoy your spa and wellness experience, please refrain from smoking and using your mobile device.

## AFTER TREATMENT

We recommend that you avoid sunbathing for at least six hours after any massage or body treatment.

## PAYMENT

All treatments will be charged to your room and will appear on your account at checkout.

## CHILDREN

Our services can be tailored to their specific needs. Children must wear undergarments or swimsuits during any treatment in which clothing is typically removed. Parents and guardians will be asked to remain in the room during any treatment.

## CANCELLATION & NO-SHOW POLICY

Your massage and facial therapies are reserved especially for you. We value your time and ask that you respect Deep Roots Spa's scheduling policies. Should you need to cancel or reschedule, please notify us at least 24 hours in advance.

- Any cancellations with less than 24 hours of notice are subject to a cancellation fee amounting to 50% of your scheduled service.
- Clients who miss their appointments without giving any prior notification will be charged in full for the scheduled service.
- If you book a service on the same day and you cancel or no show, you will be charged in full.
- If you are late, we reserve the right to cut your service, you will be charged for the service you booked not the cut service.
- If you are more than 15 minutes late and we do not have enough time to perform the service due to timing, you will be charged in full.

We recognise that the time of our guests and therapists is valuable and have implemented this policy for this reason. When you miss an appointment with us, we not only lose your business, but also the potential business of other clients who could have scheduled an appointment for the same time.