



THE SIRA *Explorer*



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------|--|---|--|---|--|---|---|
| 07:00 a.m. | Cycling Sira Village | Meditative Ocean Walk Sira Beach | Badminton Porte Cochere | Table Tennis Porte Cochere | Beach Jogging Sira Beach | Cycling Sira Village | Dusun Walk Sira Village |
| 09:00 a.m. | Paper Mask Making Yoga Pavilion ☆ | Traditional Congklak Game Yoga Pavilion ☆ | Cube Art Yoga Pavilion ☆ | Halma Yoga Pavilion ☆ | Coloring Session Yoga Pavilion ☆ | Halma Yoga Pavilion ☆ | Traditional Congklak Game Yoga Pavilion ☆ |
| 10:00 a.m. | Chess Wellness Lounge | Spa Workshop: Head & Shoulder Massage Wellness Lounge | Functional Training Gym | Spa Workshop: Head & Shoulder Massage Wellness Lounge | Core Workout Gym | Spa Workshop: Head & Shoulder Massage Wellness Lounge | Circuit Training Gym |
| 11:00 a.m. | Origami Art Yoga Pavilion ☆ | Mix & Match Game Yoga Pavilion ☆ | Domino Lesson Yoga Pavilion ☆ | Leaf Art Yoga Pavilion ☆ | Domino Lesson Yoga Pavilion ☆ | Coconut Leaf Folding Yoga Pavilion ☆ | Coconut Leaf Weaving Yoga Pavilion ☆ |
| 03:00 p.m. | Coconut Leaf Weaving Wellness Lounge | Traditional Congklak Game Wellness Lounge | Sasak Language Wellness Lounge | Halma Wellness Lounge | Coconut Leaf Folding Wellness Lounge | Scrabble Game Wellness Lounge | Sasak Language Wellness Lounge |
| 05:00 p.m. | Sepak Takraw Beach | Frisbee Beach | Carrom Yoga Pavilion | Traditional Kelereng Game Porte Cochere | Frescobol Beach | Vintage Bocce Ball Sira Village | Cycling Sira Village |
| 05:30 p.m. | Sandcastle Beach ☆ | Traditional Dengklek Sasak Game Beach ☆ | | | Scavenger Hunt Beach ☆ | Sandcastle Beach ☆ | Traditional Dengklek Sasak Game Beach ☆ |