

THE SIRA



| | 111 |
|----|--------|
| 9 | |
| CX | ploses |
| / | |

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------|-------------------------------------------------|----------------------------------------------------------------|---------------------------------------|----------------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------|---------------------------------------|
| 07:00 a.m. | Scrabble Wellness Lounge | | Functional Training Gym | | Core Workout Gym | Carrom Yoga Pavilion | Circuit Training Gym |
| 09:00 a.m. | Paper Mask Making Yoga Pavilion | Mix & Match Game Yoga Pavilion | Drawing Session Yoga Pavilion ☆ | Mix & Match Game Yoga Pavilion ☆ | Coloring Session Yoga Pavilion | Cube Art Yoga Pavilion ☆ | Paper Swan Making Yoga Pavilion |
| 10:00 a.m. | | Spa Workshop: Head & Shoulder Massage Wellness Lounge | | Spa Workshop: Head & Shoulder Massage Wellness Lounge | | Spa Workshop: Head & Shoulder Massage Wellness Lounge | |
| 11:00 a.m. | Origami Art Yoga Pavilion | Leaf Art Yoga Pavilion ☆ | Coconut Leaf Folding Yoga Pavilion | Coconut Leaf Weaving Yoga Pavilion | Leaf Art Yoga Pavilion ☆ | Coconut Leaf Folding Yoga Pavilion | Coconut Leaf Weaving Yoga Pavilion |
| 03:00 p.m. | Coconut Leaf Weaving Wellness Lounge | Coconut Leaf Folding Wellness Lounge | Sasak Language Wellness Lounge | Coconut Leaf Weaving Wellness Lounge | Coconut Leaf Folding Wellness Lounge | Sasak Language Wellness Lounge | Coconut Leaf Folding Wellness Lounge |
| 05:00 p.m. | Traditional Congklak Game Wellness Lounge | Chess Wellness Lounge | Halma Wellness Lounge | Bodyweight Workout Gym | Traditional Kelereng Game Porte Cochere | HIIT Workout Gym | Domino Wellness Lounge |
| 05:30 p.m. | Domino Yoga Pavilion ☆ | Traditional Congklak Game Yoga Pavilion ☆ | Snake Ladder Yoga Pavilion | Halma Yoga Pavilion | Cardboard Craft Yoga Pavilion ☆ | Traditional Congklak Game Yoga Pavilion ☆ | Halma Yoga Pavilion |