



Impiana

Private Villas

Seminyak • Bali

PRĀṆĀ

INDIAN FUSION RESTAURANT

American Breakfast

- Your choice of juice - orange, watermelon, pineapple or mixed.
- Tropical fresh sliced fruit.
- 2 fresh farm eggs prepared any style, hash browns, chicken sausage and grilled tomato.
- A basket of assorted pastries, breads
- Fresh blended coffee or tea.



Indonesian Breakfast

- Your choice of juice - orange, watermelon, pineapple or mixed.
- Tropical fresh sliced fruit.
- Your choice of an Indonesian favourite Nasi Goreng, Mie Goreng or Bubur Ayam
- Fresh blended coffee or tea



Nasi Goreng



Mie Goreng



Bubur Ayam



Bento Breakfast

- Your choice of juice - orange, watermelon, pineapple or mixed.
- Bento served with Penne tomato sauce, salad, sliced fruit, egg tacos roll and cocktail sauce
- Fresh blended coffee or tea.



Waffles Breakfast

- Your choice of juice - orange, watermelon, pineapple or mixed.
- waffles served with bacon fried egg and grilled tomato
- Fresh blended coffee or tea.

Get everything you want.

All prices are **IDR 125.000++** per menu.
Subject to 21% government tax and service charge

PRĀPA

INDIAN FUSION RESTAURANT

GRILLED VEGETABLES AND GREEN SALAD

Grilled zucchini, carrot, paprika, eggplant, cherry tomato, cucumber and mixed salad leaves serve with tadka dressing



IDR
40k

PRAWN KHATI ROLL

Garam masala, prawn, onion, paprika, mixed lettuce and flour tortilla



IDR
50k

CHICKEN BIRYANI ARAHCIPI

Chicken, masala sauce, rice, cheese and chili mayo



IDR
40k

CHICKEN MAKANI PENNE

Penne with butter chicken sauce



IDR
50k

FRENCH FRIES

Russet potatoes, peanut oil and sea salt



IDR
40k

CHICKEN MASALA TACOS

Grilled chicken masala, cucumber, tomato, mixed salad and chili mayo



IDR
50k

HOT COFFEE

- Cappuccino IDR 25k
- Americano IDR 25k
- Espresso IDR 25k
- Latte IDR 25k

COLD COFFEE

- Cappuccino IDR 25k
- Dalgona IDR 25k
- Ice Coffee IDR 25k
- Latte IDR 25k

All price are in thousand Rupiah and are subject to 21% government tax and service charge

PRANA

INDIAN FUSION RESTAURANT

Mixed Garden Salad	25
Mixed lettuce, carrot, cucumber, onion, avocado served with balsamic dressing	
Spring Roll	30
Deep fried vegetable spring roll served with chili sauce	
Samosa	30
Vegetarian Samosa served with chili soya sauce	
Quesadilla	30
Chicken, mushroom, onion and tasty cheese served with chili mayo	
Calamari Ring	50
Deep fried breaded calamari ring served with mayo	
Fish and Chip	50
Crispy deep fried battered fillet of fish served with fries	
Prana Chicken Burger	75
Grilled Chicken patties, lettuce, tomato, onion and gherkins served with fries	
Grill Chicken and Cheese sandwich	50
Grilled chicken breast with lettuce and cheese served with fries	
Impiana Nasi Goreng	50
Indonesian fried rice with chicken satay, fried prawn, egg on top and crackers	
Mie Goreng	40
Fried egg noodle with chicken and vegetable	
Apple Pie	30
Served with vanilla ice cream	
Vanilla Ice Cream	25
Sliced of Fresh Fruit	25

DRINK MENU

Coffee	25
Cappuccino/ Latte/ Black	
Ice Coffee	25
Cappuccino/ Latte	
Tea	15
Hot/ Ice	
Mocktail	20
Sunrise/ Beet Mule/ Blue Lagoon/ Flamingo Rezth/ Mango Mojito	
Bir Bintang (Small)	30
Soft Drink	15
Cola/ Soda/ Sprite	
Mineral Water	15

HEALTHY MENU

Dragon Fruit Acai	40
Dragon fruit/ banana/ honey/ granola	
Mexican Rice Bowl	40
Red rice/ pumpkin/ sweet corn/ redbean/ guacamole	
Glow-Green	50
Apple/ spinach/ cucumber/ lime	
De-tox Deluxe	50
Beetroot/ carrot/ apple/ ginger	



SCAN ME



PRANA

SPA SEMINYAK

Prana Natural Facial

60 minutes treatment

510

A unique treatment that blends a European style massage with anti-aging techniques and natural ingredients. Cleansing begins with a skin firming massage followed by a gentle exfoliation and steam. Your therapist will then use a massage technique to firm and lift the skin, focusing on areas where the skin tends to reveal signs of aging. A hydrating mask of sandalwood is then applied to the skin leaving you looking and feeling rejuvenated and refreshed. Prana Natural Facial includes a hand and arm massage allowing you to completely relax.

Men's Facial

60 minutes treatment

510

Prana Men's Facial is a unique treatment that blends European style massage with anti-aging techniques and natural ingredients. Enjoy our natural chemical free facial design for the male skin. This treat will cleanse, exfoliate and hydrate your skin leaving it radiant and clean. We recommend you shave a few hours prior to having this treatment. Our product line consists of 100% natural botanical and organic ingredients

Signature Body Massage

60 minutes treatment

510

A time honored welcome for the weary traveller. Your feet and lower legs will be cleansed with rose petal and peppermint water, and then scrubbed with sea salt. A combination of Swedish and Balinese massage techniques, palm pressure and long strokes reduce muscle tension.

Signature Body Massage

90 minutes treatment

630

A time honored welcome for the weary traveller. Your feet and lower legs will be cleansed with rose petal and peppermint water, and then scrubbed with sea salt. A combination of Swedish and Balinese massage techniques, palm pressure and long strokes reduce muscle tension.

Deep Tissue Massage

60 minutes treatment

630

For those who prefer a strong pressure massage we offer Deep Tissue massage using Hawaiian lomi – lomi, Swedish and shiatsu pressure point techniques. This is the massage to relax and revitalize those working muscles.

Deep Tissue Massage

90 minutes treatment

750

For those who prefer a strong pressure massage we offer Deep Tissue massage using Hawaiian lomi – lomi, Swedish and shiatsu pressure point techniques. This is the massage to relax and revitalize those working muscles.

Refresh Remedy

120 minutes treatment

900

Prana's Jet Lag Remedy is the perfect treatment to diminish the effects of jet lag - It is recommended both before and after you travel. The treatment begins with a peppermint infused foot bath, followed by a firm back, neck and shoulder massage, which will relax tense and knotted tissue as well as improving the circulation. Continue with a refreshing facial to recondition and moisturise the skin, finally relax and enjoy our 60 minute foot massage.

Exclusively You

120 minutes treatment

900

Design exclusively for men to enhance wellness and achieve optimum health. Relax and enjoy an invigorating, firm massage improving blood circulation, breaking down adhesions and ultimately easing stress. Followed by a relaxing facial to cleanse and exfoliate; leaving your skin clean, balance and hydrated.

Serenity

120 minutes treatment

900

Enjoy all that the "Island of The Gods" has to offer in Prana's most popular package - The Serenity package. Succumb to the traditional techniques of a Balinese oil massage for 90 minutes then followed by 30 minutes Foot massage.



SCAN ME



chill

REFLEXOLOGY + ACUPRESSURE
SEMINYAK

The Classic 60 minutes IDR 250

Transform your day with a relaxing combination of reflexology and acupressure. This Classic Chill treatment concentrates on the feet and ankles where tension and fatigue are stored and finishes with the neck and shoulders to give your whole body a powerful sense of well being.

Chill Out 60 minutes IDR 250

Lay down and chill out for an hour and experience a deeply relaxing full body pressure point massage. By concentrating on stimulating and clearing the energy pathways in the body, this revitalising treatment will leave you feeling totally chilled out!

The Ultimate Chill 90 minutes IDR 290

The Ultimate Chill treatment combines reflexology and acupressure to ease your body and mind of stress and tension. Concentrating on the feet, ankles, neck and shoulders our trained and skilled therapists will relieve built up pressures helping to make you feel more balanced for the rest of the day.

Holistic Chill 90 minutes IDR 290

Relax and enjoy this therapeutic full body treatment. An extension of Chill Out, we concentrate intensely on specific reflex and acupressure points of the body to prevent and alleviate symptoms such as headaches, migraines and poor blood circulation. These are often symptoms of jet lag which makes Holistic Chill the perfect choice before or after a flight!

The Therapy 120 minutes IDR 380

Our highly trained Reflexologists will pamper you with our 2 hour traditional eastern reflexology treatment combined with the therapeutic acupressure. Relax while you feel tension melt away and enjoy the benefits of this amazing treatment with improved energy, promoting healing, and make you feel at peace.

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SCAN ME



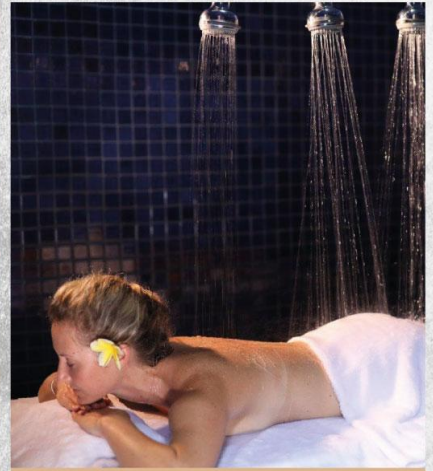
120 Minutes Treatment of
Spirit of Bali

IDR 850.000++



90 Minutes Treatment of
Lulur Body

IDR 650.000++



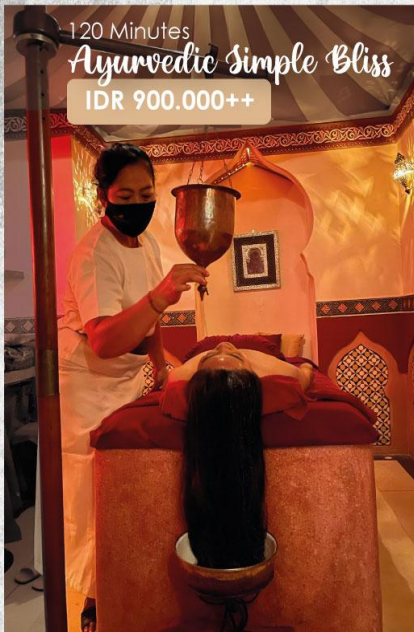
120 Minutes Treatment of
Revitalise

IDR 850.000++



90 Minutes
Signature Body Massage

IDR 500.000++



120 Minutes
Ayurvedic Simple Bliss

IDR 900.000++



Aqua Yoga

IDR 250.000++

Per Pax / 60 Minutes



Floating Breakfast

IDR 325.000++

Per Couple / Tray



Picnic Setup

IDR 200.000++



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