



SVAHA SPA  
KENDERAN

## THE JUNGLE AYURVEDIC PACKAGE

*The Truly Ayurvi Treatment*

Truly unique from Svaha Spa, this nurturing treatment was inspired by jungle atmosphere at our spa, to provide services of tranquility to our guests. Deep tissue massage, focusing on areas of the body that are overused and stressed from repetitive and often aggressive movements for increasing circulation, assisting with healing injuries, and creating a very deep sense of relaxation in the body using our special oils. Shirodhara can induce a feeling of absolute calmness and serenity, and is regarded as an anti-aging therapy.

This treatment starts with an Indian head, scalp, neck and shoulder massage to help dissolve tension or stress and the third step continue with foot massage, As one of the most neglected parts of the entire body, this massage will leave you with a carefree spring in your step. And Finished by Enjoying a luxurious soak in a marigold and rose petal bath scented with herb oil for a purifying experience. With combined three different massage will cleanse your whole body and soul.

**120 Minutes**      **Only 2.050K**

- Deep Tissue Massage
- Shirodhara Treatment By Puring Warm On Third Eye
- Heavenly Foot Massage
- Herb Milk Bath Combinated With Marigold & Rose Flower

*Call Here*

+62 812-3703-2059

All of the price above are in thousand rupiah and Subject to 12, 5% Government tax and 10% Service charge







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# Mini Vie Massage

Only: 410K

## Body Massage Nail Art & Nail Polish

Duration : 60 Minutes

Ultimate spa experience for your Kid's, Soft body massage with scented massage oil. Leave your kids relaxed after their activities and your child's hands or feet are soaked, scrubbed, massaged, and spritzed followed by a nail trim and choice of favorite color and as cover we serve the ice cream.

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iNi VIE  
Hospitality







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# TAMBE JOURNEY *Package*

Ultimate Spa experience with 120 min combined aromatherapy massage with cleanser facial or organic scrub, and finished by flower and milk bath with young coconut drink

ONLY  
1.090K

1. AROMATHERAPY MASSAGE
2. CLEANSER FACIAL OR ORGANIC SCRUB
3. FLOWER & MILK BATH

Purify your mind and soul to eliminate and clean negative influences in your body, start calming the mind and relax the body will cleanse your soul from inside and outside the body.

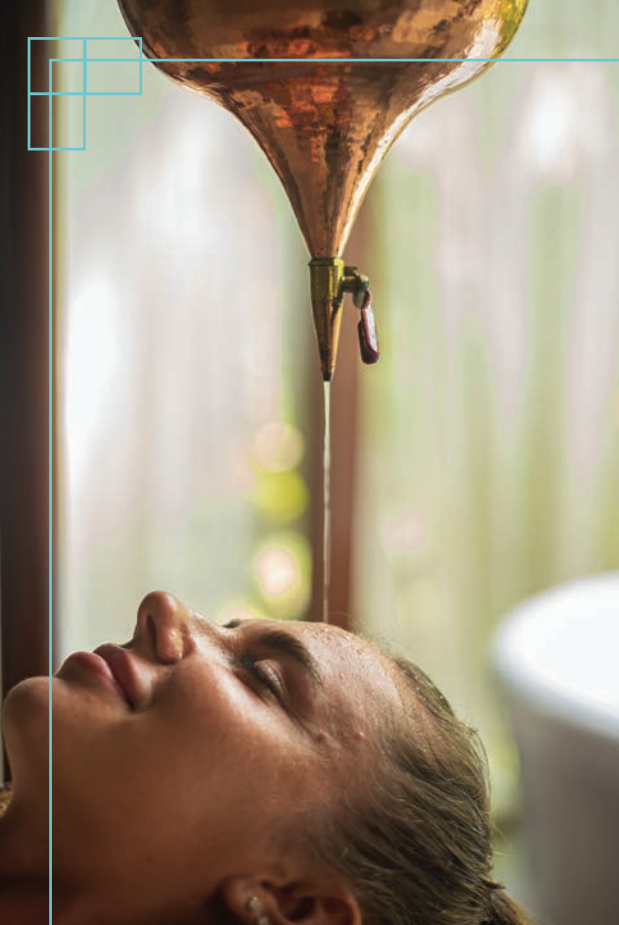


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INI VIE  
Hospitality





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## NEW MENU

### HARMONIC PACKAGE ( 150 Minutes )

3.650

This treatment inspired by honeymooner couple, the treatment not only just release the tension, relax and rejuvenating the skin but this treatment will be make more harmonic the relationship, and will completed by Romantic Candle Light Dinner with river sound that soothes the heart and mind.

This treatment will include by Aromatherapy full body massage to release the muscle tension, Body Scrub with three selection of smell to exploited the skin cell, continued by Organic Facial with natural product is good for all skin type to rejuvenating the skin and the last treatment will enjoy Bubble and Rose Petal Milk Bath with a glass of wine to deep relaxation and after treatment done will be enjoy the Romantic Candle Light Dinner to more be romantic.

### SHIRODHARA TREATMENT ( 60 Minutes )

930

Shirodhara comes from the two Sanskrit words "Shiro" means head and "Dhara" means flow. Shirodhara treatment is inspired by Indian Tradition which is a traditional ayurvedic method of healing, that has been in use since ancient times to bring the mind, body, and soul to a harmonious level.

The step of Shirodhara treatment will start with foot ritual, continued with back massage to balance your blood circulation and followed with Shirodhara will pouring gentle warm oil on third eye is good for deep relaxation, and the end will serve with rosella tea to balance your blood sugar levels.

### DEEP TISSUE MASSAGE ( 75 Minutes )

750

Deep tissue massage is a type of massage technique that uses deep pressure. Combining slow strokes and thumb pressure will use oil to release the tension and tightness held deeply in your muscles and your connective tissues.

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## NEW MENU

### PURNAMA HEALING PACKAGE

( 2 Hours )

1.050

- Foot Ritual
- Back Massage
- Organic Facial
- Body Scrub
- After Treatment serve With Coconut Drink

#### Description:

Inspired by special day of Hinduism, which provides positive energy where there is foot ritual, body massage, facial and body work to energize and cleans whole body. The end will be serve with coconut water to neutralize the negative energy in the body.

### ORGANIC FACIAL

( 30 Minutes )

350 / ( 1 Hour )

570

- Cleanser with Yogurt and Honey
- Toner with Cucumber Water
- Scrub with Sugar and Tomato extract
- Face Massage with Coconut Oil
- Warm Herbal Compress *(1 Hour treatment only)*
- Face Mask Step 1 with Rice powder  
& Step 2 with Slice of Cucumber *(1 Hour treatment only)*
- Face Mask with Slice of Cucumber *(30 minutes treatment only)*
- Ged Roll
- Moisturizer

#### Description:

Facial is one type of skin care which this treatment method is considered effective for rejuvenating facial skin and dealing with certain problems on the face, such as acne and blackheads. Well organic facial is one solution to overcome problems on the face, where the products used are natural products consisting of honey, cucumber, and tomatoes which it's good to moisturizing and nourish the skin.

### HONEYMOON PACKAGE

( 2,5 Hours )

2.500

#### Description:

The Svaha Spa Honeymoon Package, inspired by the typical married couple, who after the marriage celebration will definitely take the time to go on a honeymoon, and this package is made so that the honeymoon is more complete besides staying at the villa, you can also pamper yourself with your partner to more relax and energized your body, where this package is equipped with Aromatherapy Massage to stimulated blood circulation, followed with facial to refresh your face, continued with body scrub to exfoliated the dead skin cell and last treatment will enjoy with bubble rose petal milk bath to deep relaxation and during bath will enjoy with Red Wine by the glass.

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## BAMBOO MASSAGE

**90 Minutes 1.050**

This is a technique that incorporates bamboo stalks of varying lengths and diameters to provide deep-tissue work. The massage itself promotes circulation, sensory nerve perception and lymphatic drainage and provides a deep sense of relaxation and well-being.

## HOT STONE

**90 Minutes 1.050**

This unique full body massage is using warm selected-stones to eliminate toxins, relieve stress and warm the body. Using this technique aim to increase the blood circulation of your body.

## ROMANTIC FOREST

**Single 1.150 / Couple 1.800 120 Minutes**

Celebrating the spirit of true love, this renewing treatment takes couples on a sensory journey of indulgence. The pampering begins with a foot bath to refresh walk-weary toes. A soothing body massage is then performed to release muscle tension and induce deep relaxation. Sharing a bath infused with essential oils and exotic flower petals brings this romantic session to a memorable close.

## TROPICAL FRUIT

**Single 1.150 / Couple 1.800 120 Minutes**

Tapping into the nourishing powers of locally grown fruits, this natural treatment has a reviving effect on all skin types. It begins with a foot ritual to cleanse travel-wearied toes. This is followed by a traditional Balinese massage using long strokes and finger pressure to restore depleted energy levels, continue with a coconut scrub for an aroma-sensory experience. This session of personal pampering is finished off with a milk bath infused with Balinese oranges and limes.

## SVAHA FLORAL

**Single 1.150 / Couple 1.800 120 Minutes**

Drawing inspiration from Bali's cultural traditions, this nurturing treatment is focused on personal indulgence. It begins with the placement of a floral offering and the ringing of a bell as a symbol of appreciation for the gift of each new today. A gentle foot bath is performed as a prelude to a traditional Balinese massage that uses warm oil in combination with long finger strokes and applications of pressure to melt away muscular tension. Next comes a chocolate body scrub that will leave skin feeling fresh and radiant. This uplifting spa experience closes with a Balinese floral bath to energize body, mind and spirit.

## TRADITIONAL BALINESE MASSAGE

**60 Minutes 650 / 90 Minutes 950**

The Traditional Balinese massage is our signature from Bali combines body massage using palm and thumb pressure to reduce tensions and long gentle strokes while applying a unique blend of natural essential oils. This combination stimulates your blood circulation, improves energy flow.

## AROMATHERAPY MASSAGE

**60 Minutes 780**

A full body massage with oil and soft to medium pressure. This massage will restore positive energy, and will make you feel more alive by increasing blood circulation. Benefits: Deeply relaxes the mind and body while strengthening the spirit.

## REFLEXOLOGY

**60 Minutes 610**

Find out your authentic Balinese reflexology here. The service is an ancient healing therapy designed to cultivate balance into your whole body provoke to the sensation of profound harmony. By putting pressure to specific points on your feet, our therapist will stimulate the blood circulation and boost the calmness to your nervous system.

## BACK, NECK AND SHOULDER

**30 Minutes 450**

Our neck, shoulder and back is essential and precious. Give a massage to this area will give you a joyful resurrection, overcome the tensions and will bring you the clarity of mind. Your choice of oil and fragrance can calm, invigorate, deeply moisturize, or even rejuvenate.

## BODY WORK

**30 Minutes 510**

Rejuvenate yourself with one of our five signature body scrubs which allows the to be delicately polished away and emerge with a brand healthy skin by throw away the dullness of your skin and bliss out in our foot bath.

### Tropical Seaweed Body Scrub

This is Blended by rice powder and sea weed powder is good to exploited the died skin cell. Seaweed rich source of amino acids and antioxidants, Both of that can boost collagen production to smooth lines and give skin the appearance of fuller, firmer, and younger looking skin.

### Tropical Javanese Body Scrub

This is a luxurious blend of finely ground native herbs and spices composed of turmeric, and curcuma, rise powder to cleanse, soften and rejuvenate the skin. Indulge with this traditional Javanese beauty-treatment that has been used by Royal Families for century's

### Tropical Chocolate Scrub

One can feel charming after this season. Ground almonds mixed with freshly harvested cacao beans are gently rubbed into the skin, to exfoliated died skin cell and is good to moisturize the skin

### Tropical Fruit Body Scrub

Blended with Kaffir lime and ginger is good to remove the dead skin cells which contain vitamin C and antioxidants which are good for producing collagen to firmer, brightened the skin and can help fight signs of premature aging of the skin.

### Tropical Avocado Body Wrap

Soft and nutritious avocado content that can hydrate the skin. Contains Avocado Fruit Extract and Milk Powder, which is this mask is good to nourish the skin, preventing kin damage from sun exposure, while helping to prevent water loss in the skin and good for moisturizing the skin.

### Tropical Mud Body Wrap

Contains minerals such as magnesium, sodium, phosphate, bromide and other minerals which are great for nourishing and improving skin conditions. Apart from minerals, Mud Mask also contains bentonite which works to disguise pores, kaolin which absorbs excess oil on the skin and is good for moisturizing the skin.

### Tropical Boreh Body Wrap

Has properties as a traditional medicine that can be used to warm the body, improve blood circulation, reduce muscle pain and can even be used as a body skin care. The basic ingredients of Boreh are rice, aromatic ginger, galangal, cloves, nutmeg and other spices.

## BEAUTY TREATMENTS

**Deluxe Manicure 60 Minutes 410**

Transform those nails into dainty, elegant hands! Allow our skilled beauty therapists to moisturize, buff shape and polish your nails with any and all of the colors of the rainbow or just clears. We can also do pupping-up style and flowers on your toes

**Deluxe Pedicure 60 Minutes 480**

Cool, energize and revive your feet with our Feet Beauty Treatment. Comprising of the classical pedicure treatment with nail cut, file, cuticle repair and soothing foot soak of essential oils: it is then followed by an organic scrub that will relieve your tired or swollen feet. Finally, to stimulate blood circulation a foot massage is applied with a natural refreshing lotion. Your feet are hydrated, fresh and soothed.

## BATH RITUAL

Bathing in warm water infused with fresh ingredients and scented essential oil has the power to cleanse and evoke a feeling of overall well-being

**Romantic Forest 30 Minutes 650**

Romantic bath infused with essential oils and exotic flower petals brings this romantic session to a memorable close.

**Tropical Fruit 30 Minutes 650**

Take delight in a detoxifying bath ritual that uses local Balinese lemons, oranges and cucumber in combination with Balinese flowers to stimulate the senses.

**Svaha Floral 30 Minutes 650**

Exotic bath contains varies color of fresh Balinese flowers to promote deep relaxation

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# FLOWER BATH DECORATION



**SVAHA  
SIGNATURE**

Rp. 680.000



**SVAHA  
BALINESE VIBE**

Rp. 640.000



**SVAHA  
ROMAANS  
(ASMARA)**

Rp. 680.000



**SVAHA  
SHAANT  
(TENANG)**

Rp. 640.000



**SVAHA  
SUNSHINE**

Rp. 680.000



**SVAHA  
VAIBHAV  
(KEMULIAAN)**

Rp. 640.000



**SVAHA  
JAANAM  
(KEKASIH)**

Rp. 640.000



**SVAHA  
SUNDAR  
(INDAH)**

Rp. 680.000



**SVAHA  
DHOOP  
(SINAR SURYA)**

Rp. 640.000



**SVAHA  
BATIK**

Rp. 680.000

ALL PRICE ARE SUBJECT TO 12,5 % GOVERNMENT TAX & 10% SERVICE CHARGE





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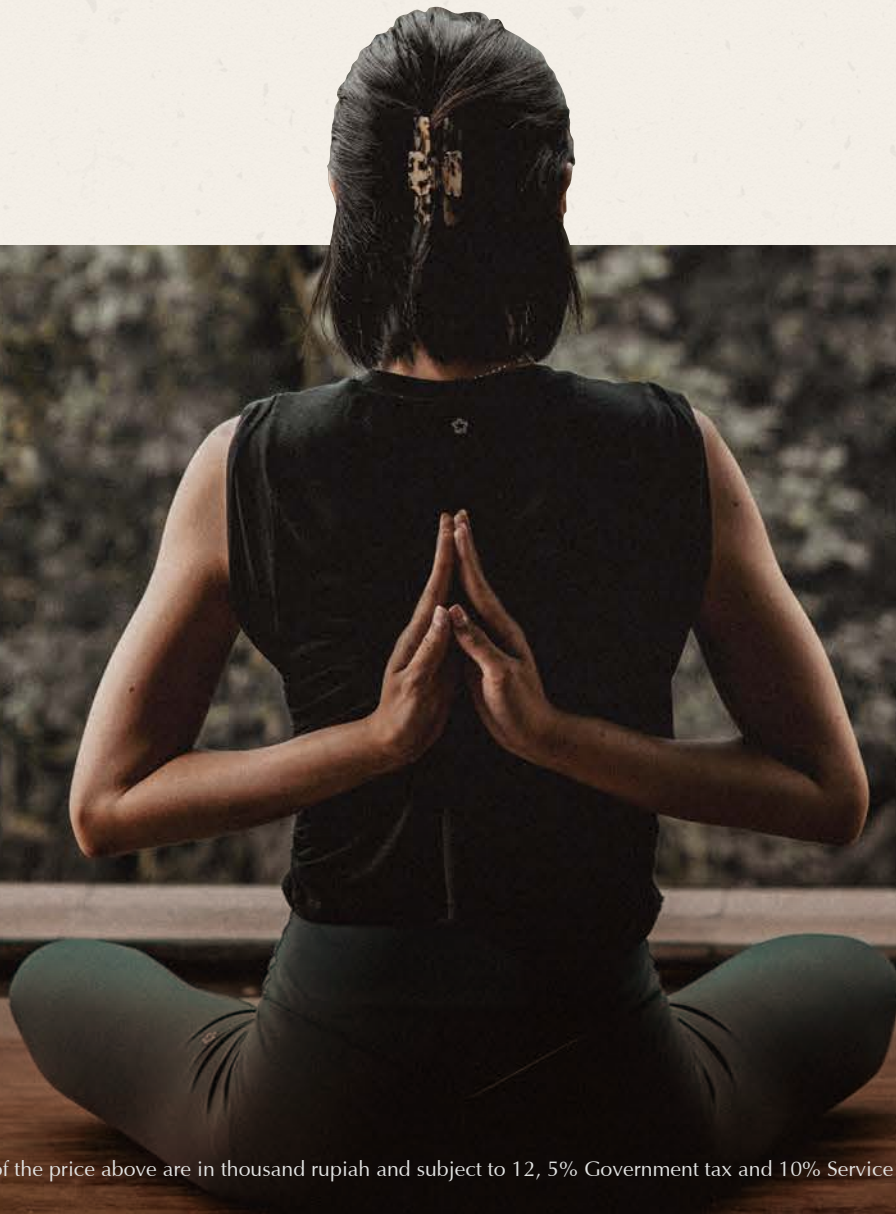
# SVAHA *Healing Package*

SINGLE 1.050.000

COUPLE 1.800.000

The treatment inspired by our nature place with jungle view and surrounding river sound is good to healing the body and soul to be more refreshing the mind and also good for release blood circulation.

The package will be start by counseling and yoga with the Yoga Teacher is good to calm down the emotional on the body and to refresh body and mind, continued with back neck and shoulder massage good to release the muscle tension and following with shirodhara treatment will pouring gentle warm oil on the third eye is good to be deep relaxation.



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# SPA ETIQUETTE



## Cancellation

Reservations that are canceled within four hours will be charged 50% of the displayed price. Treatment times modification are subject to our availability and confirmation of our spa host.



## Arrival

Please arrive at least 15 minutes before your scheduled treatment. Late arrivals cause release spa session.



## Allergies

Svaha Spa reception will inquire about any health issues or existing allergies. Before beginning any treatment, a simple patch test will be done to check that the selected product is applicable for you.



## Gentlemen

If you select a facial, please shave before the treatment. Although not required, it is unquestionably beneficial.



## Relaxing Mode

Please switch your phone to silent mode and reduce conversations to a bare minimum to get the most out of your treatment.



## Children

Children and infants are not permitted in the spa treatment rooms unless they are also receiving a treatment.

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