

25 M

SCUBA DIVE

30 M

Bawah Reserve

50 M

100 M

120 M



Bawah
RESERVE



LABELLED ONE OF ASIA'S TOP FIVE TROPICAL ISLAND PARADISES

The Anambas Archipelago is a true utopia for dive lovers

WHAT TO EXPECT



Bawah Reserve is a boutique resort surrounded by spectacular underwater scenery and 13 dive sites located off the coast or reachable by a short boat ride. Bawah is proud to be part of the **World Wildlife Fund's Signing Blue Initiative**, and our surrounding lagoons and reefs are marine conservation areas certified by **WWF Indonesia**. As one of Indonesia's first marine conservation areas, the Reserve features an abundance of flourishing coral reefs and vibrant marine life.

While safety is always our first priority, our mission is to help children and adults fall deeply in love with the ocean and marine life that live within it. We are a **PADI Certified** five-star diving centre with a marine biologist on staff.

Our dive sites have colourful shallow reefs, usually 2 - 6 meters deep that gently slope down into the ocean to depths of 25 - 30 meters. We use **Scubapro** diving equipment and offer flexible diving schedules, ensuring you make the most of your underwater experiences at the Reserve.



DISCOVER SCUBA DIVING

3 M

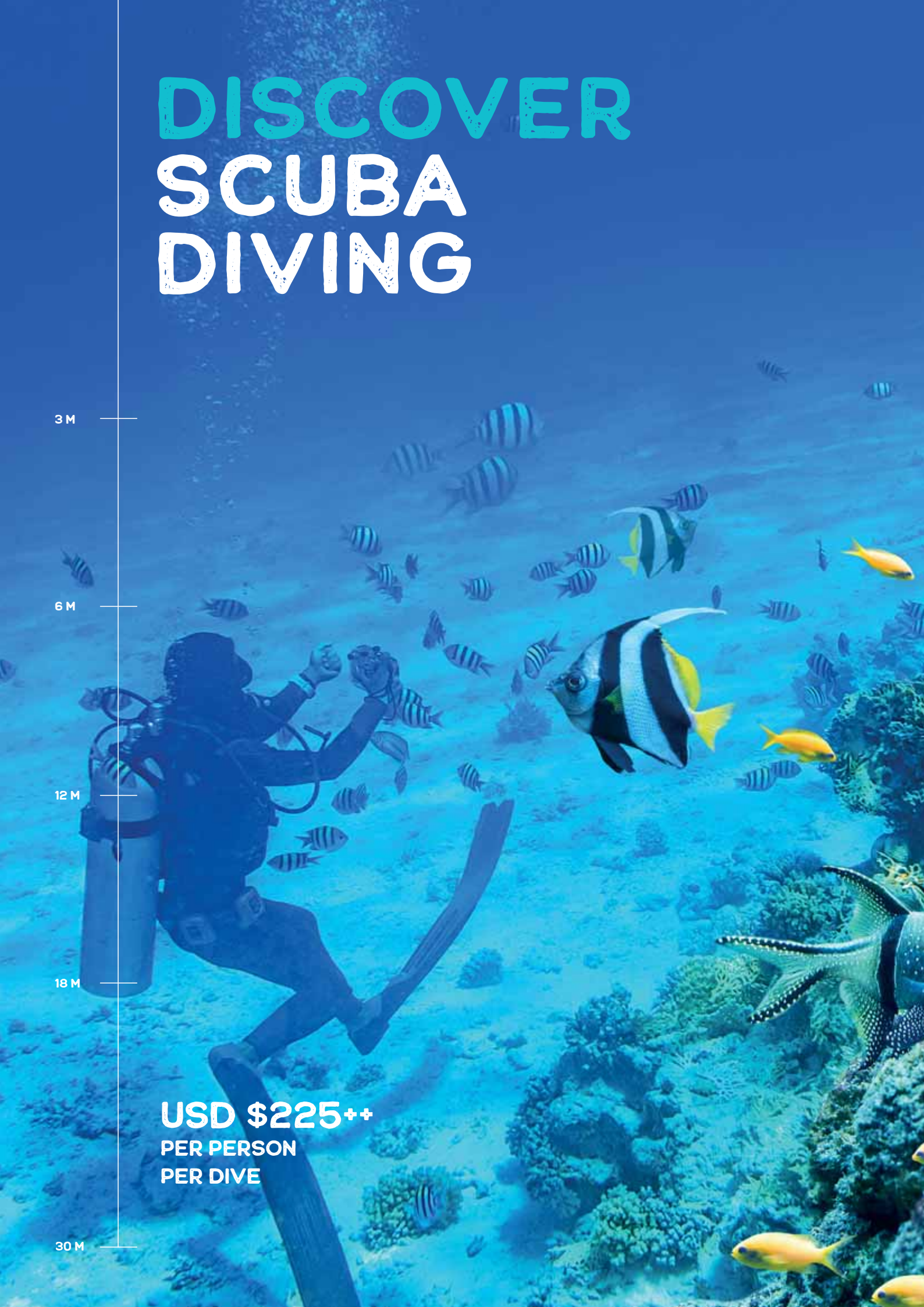
6 M

12 M

18 M

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USD \$225++
PER PERSON
PER DIVE



Discover Scuba Diving provides a diving taster before committing to a full course. It consists of introductory theory training as well as skills practice in our swimming pool to make sure you understand the basics of diving.

Your Bawah Reserve Dive Professional will cover all aspects of safety – both above and below the water – and teach you how to use the equipment correctly.

Once you're confident and ready to experience the magic of diving, you're ready to accompany our scuba professionals on a fun dive to a depth of no more than 12 meters at one of the beautiful reefs around Bawah Reserve.

PROGRAMME DETAILS

What's included?

- 2-3 hours
- Theory and skills training
- 1 Fun Dive
- Use of Scubapro diving equipment
- Dive insurance

What you need?

- To be 10 years old and above
- Medically fit to dive



PADI BUBBLE MAKER

3 M

6 M

12 M

18 M

USD \$225++
PER PERSON
PER DIVE

30 M

The **PADI Bubblemaker Scuba Experience** is a fantastic way to introduce children (up to 10 years old) to scuba diving.

PADI Bubblemaker starts with a safety and theory briefing to introduce basic diving skills to kids. They learn to stay close their instructors and what to do if they feel afraid or get water in their masks. Once they are comfortable, we show children how to put the equipment together, put it on and get into the water for a fun dive to a maximum depth of two meters in the ocean. To ensure the highest standard of safety, each Bawah Reserve diving instructor teaches no more than two students at a time.

PROGRAMME DETAILS

What's included?

- 2-3 hours
- 1 Fun Dive
- Use of Scubapro diving equipment

What you need?

- At least 8 years old (For 10+ years we have our PADI Discover Scuba Diving programme)
- Be medically fit to dive



FUN DIVING

3 M

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USD \$115++
PER PERSON
PER DIVE

If you are a certified diver, you can get a proper introduction to Bawah's colourful and fascinating marine life on this **Fun Scuba Diving Experience**.

Suitable for beginners and seasoned divers alike, Fun Diving is the ideal way to experience the incredible underwater world surrounding Bawah Reserve. After a short 15-minute boat ride, divers can enjoy exclusive access to pristine reefs and marine landscapes harbouring high levels of marine biodiversity.

PROGRAMME DETAILS

What's included?

- 60 minutes or when tanks reach 50 bar
- 1 Fun Dive
- Boat fee
- Rental of Scubapro diving equipment
- Dive insurance

What you need?

- At least 10 years old
- Hold and present evidence of a PADI Open Water Diver certification or equivalent from another agency
- Have been diving or completed a Scuba Refresher in the last 12 months
- Be medically fit to dive



SCUBA REFRESHER

3 M

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18 M

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USD \$155++
PER PERSON
PER DIVE



The Bawah Reserve **Scuba Refresher** is designed to quickly reintroduce you to diving by boosting your confidence, skills and dive knowledge.

Designed for certified divers who haven't been diving in six months or more, this short course includes dive theory review as well as a practical guided session to refresh your dive techniques. We review your skills and answer your questions before embarking on a fun dive around Bawah Reserve.

PROGRAMME DETAILS

What's included?

- 1.5 hours
- 1 Fun Dive
- Use of Scubapro diving equipment
- Dive insurance

What you need?

- Medically fit to dive
- To hold a PADI Open Water Diver certification or equivalent from another agency



NIGHT DIVING

3 M

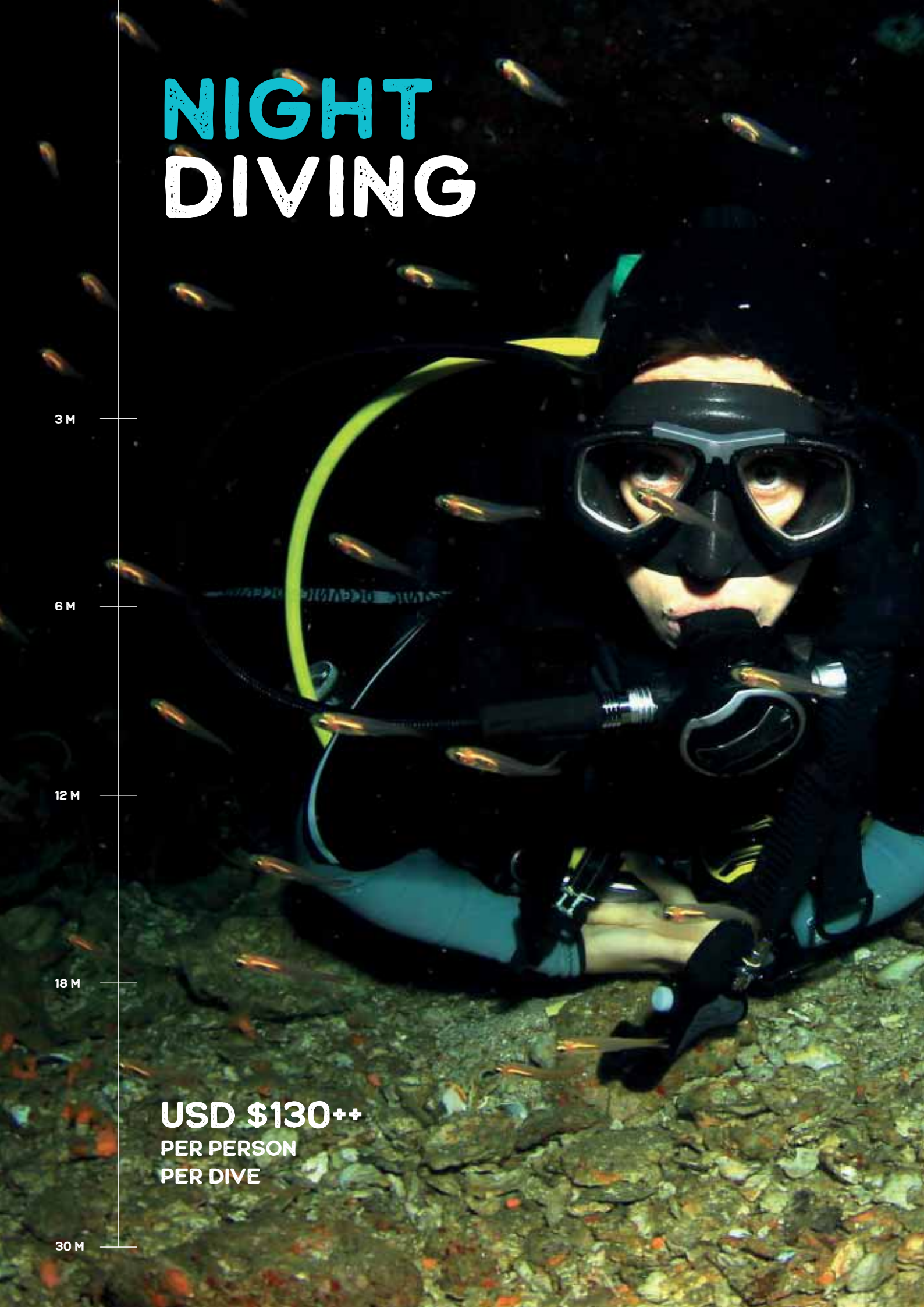
6 M

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18 M

30 M

USD \$130++
PER PERSON
PER DIVE



If you are a certified diver, you can experience the thrill of **Night Diving** at Bawah Reserve.

Night diving offers an alternative, exciting look into the underwater world. Night dives offer a totally different perspective on any dive site you have experienced during the day. Showcasing underwater life that is well hidden while the sun is in the sky, night diving offers an insight into the twilight world of the reef. You can commonly see coral feeding, bioluminescent plankton, crabs, shrimp, moray eels, nudibranchs and other invertebrates roaming their territory. The mystery and calmness of a night dive cannot be compared with any form of diving, offering an unforgettable experience for any diver.

PROGRAMME DETAILS

What's included?

- 60 minutes or when tanks reach 50 bar
- What's included?
- Night Dive (either 60-min or minimum 50bar tank pressure)
- Boat fee is included for local boat dives
- Rental of Scubapro diving equipment
- Dive Torch
- Dive insurance

What you need?

- 10 years of age and above
- To be medically fit to dive
- To hold and present evidence of a PADI Advanced Open Water Diver certification or equivalent from another agency
- To have been diving or completed a Scuba Refresher in the last 12 months



OPEN WATER DIVER

3 M

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18 M

30 M

USD \$1275++
PER PERSON

If you've always wanted to learn to dive, this is where it starts! The **PADI Open Water Certification course** is a performance-based course that will provide you with the skills to dive around Bawah Reserve and diving spots all over the world. It is the first step towards discovering the spectacular marine ecosystem beneath the waves.

PART 1

Theory (eLearning)

You will learn the major aspects of diving theory, the equipment you will use while diving and the skills needed to scuba dive. This part of the course can be completed before arriving on Bawah to save time during your holiday.

PART 2

Skills Practice and In-Water Training

After you have learned the theory behind safe diving, you will join a Bawah Reserve Dive Professional in shallow water to learn the skills needed for open water dives.

PART 3

Open Water Dives

We move to deeper water, culminating in an open water dive where you will utilise the confidence you have developed through the course to relax and enjoy the underwater scenery.

PROGRAMME DETAILS

What's included?

- 3-4 days
- Theory training (PADI eLearning materials)
- 3 days of water-based training, including 1 day of shallow learning and 2 days with 2 dives per day (weather and competency dependent)
- Use of Scubapro diving equipment
- Dive insurance
- Dive log book
- PADI Open Water Certification (allows dives to a maximum of 18 metres)

What you need?

- At least 15 years old (or if 10-14 years, must be Junior Advanced Open Water certified)
- Medically fit to dive
- To be able to swim: there is a 200m swim test or 300m snorkel test that you will need to pass during the course

ADVANCED OPEN WATER DIVER

3 M

6 M

12 M

18 M

USD \$1225++
PER PERSON

30 M

The **PADI Advanced Open Water Diver course** increases your confidence by building on your skills and expanding your dive theory knowledge.

PART 1

Theory (eLearning)

You will learn about adventure dives, including the practical aspects and physiological effects of deeper scuba diving and how to navigate using water compasses, kick cycles, visual landmarks and time. You will also learn how to use your dive computer more effectively. This part of the course can be completed before arriving on Bawah to save time during your holiday.

PART 2

Open Water Adventure Dives

This course includes five adventure dives, of which two must be adventure dives that focus on deep scuba diving and navigation skills.

The other three dives are your choice, and can include:

- Drift Diving
- Digital Underwater Imaging
- Peak Performance Buoyancy
- Search and Recovery
- Fish Identification
- Underwater Naturalist
- Night Diving

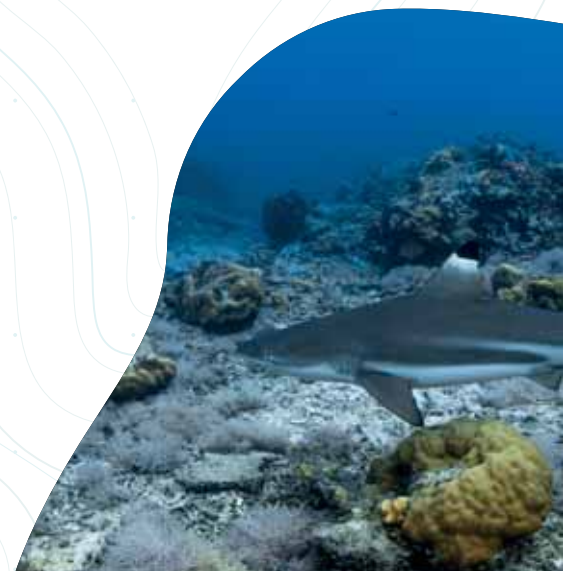
PROGRAMME DETAILS

What's included?

- 2-3 days
- Theory training (PADI eLearning materials)
- 5 dives over 2 to 3 days (weather and competency dependent)
- Use of Scubapro diving equipment
- Dive insurance
- Advanced Diver certification

What you need?

- To be at least 15 years old (or if 10-14 years old, must be Junior Advanced Open Water certified)
- Medically fit to dive
- PADI Open Water Certification, Junior Open Water Certification or equivalent certification from another organisation



ERF COURSE

3 M

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12 M

18 M

30 M

USD \$325++
PER PERSON



Emergency First Response course (EFR) gives students the skills required to respond to a medical emergency. By following internationally recognised guidelines for emergency care, the course teaches simple steps to respond to emergencies in a non-stressful learning environment.

The course teaches primary and secondary care skills, including:

- Primary assessment
- Cardiopulmonary resuscitation (CPR)
- Serious bleeding, shock and spinal injury management
- Conscious and unconscious choking management
- Injury and illness assessment
- Bandaging and splinting for dislocations and fractures

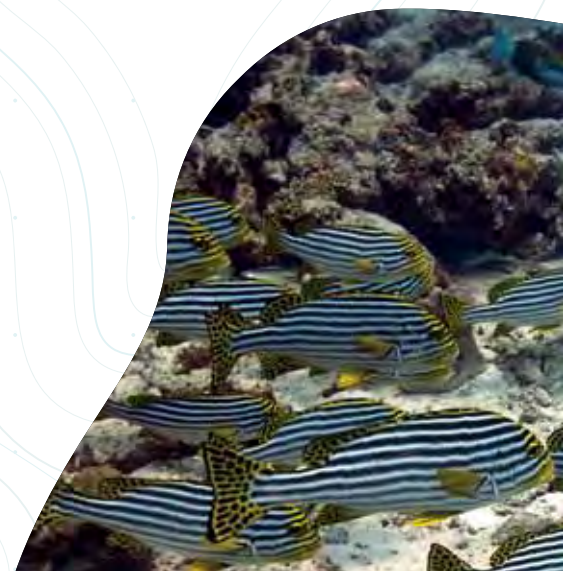
PROGRAMME DETAILS

What's included?

- 4-5 hours
- EFR Primary and Secondary Care Manual
- EFR Primary and Secondary Care Certification E-Card

What you need?

- No minimum age, but we recommend 12 years old and over
- Basic first aid and CPR certifications (valid within last 24 months)



RESCUE DIVER

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USD \$1050++
PER PERSON



Scuba divers describe the **PADI Rescue Diver course** as the most challenging, yet most rewarding, course they've ever taken. By teaching you methods of rescuing yourself and others, it allows you to be self-sufficient and carries your confidence as a diver to new heights.

The course is perfect for those who want to help others and is an important step in expanding your knowledge and experience as a diver. For those considering a career in the diving industry, is it also a prerequisite for Divemaster and Instructor Courses.

PART 1

Theory (eLearning)

You will learn the fundamentals of self-rescue, diver rescue, accident prevention and stress management during emergency situation. This part of the course can be completed before arriving on Bawah to save time during your stay.

PART 2

Skills Practice and In-Water Training

After completing your eLearning, you will perform 10 rescue exercises in the water with a Bawah Reserve Dive Professional. During this time, you must successfully prove your competence in both rescuing yourself and others.

PART 3

Open Water Exercises and Rescue Scenarios

You will be placed in two simulated scenarios where you will rescue other divers in the ocean.

PROGRAMME DETAILS

What's included?

- 2-3 days
- Theory training (PADI eLearning materials)
- 2-3 days in the water, depending on weather and competency
- Use of Scubapro diving equipment
- Dive insurance
- Rescue Diver Certification

What you need?

- 12 years +
- PADI Advanced Open Water Certification, Junior Advanced Open Water Certification or equivalent certification from another organisation
- Medically fit to dive
- EFR Course taken within past 24 months*

MARINE CONSERVATION DIVING

3 M

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18 M

30 M

USD \$150++
PER PERSON
PER DIVE



CORAL TRANSPLANTATION

Make your dive count! Although the majority of coral reefs surrounding Bawah Reserve are extremely healthy, there are a few areas affected by decades of unsustainable fishing. Our marine biologists have identified the reefs most in need of repair, and Bawah Reserve dive guests are now invited to actively participate in repopulating these areas with healthy coral from our coral nursery.

REEF HEALTH MONITORING



This educational dive programme is designed to enhance your knowledge of coral reefs while learning ways to help them remain healthy for future generations.



UNDERWATER CLEAN UP

Join our dive team and assist with our marine conservation efforts. This dive could include removing drift nets that get tangled in our reef or helping to collect rubbish that floats to our islands due to water currents.

ANAMBASFOUNDATION.ORG

50% of all dive proceeds go to the Anambas Foundation





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AT ASIA'S LEADING PADI 5-STAR INSTRUCTOR DEVELOPMENT CENTRE

You can expect the best possible dive experience with Bawah Reserve.

DIVING SERVICES AND PRICING

Discover Scuba Diving	USD \$225 ⁺⁺
Bubblemaker	USD \$225 ⁺⁺
Fun Diving	USD \$115 ⁺⁺
Scuba Refresher	USD \$155 ⁺⁺
Night Diving	USD \$130 ⁺⁺
Open Water Diver	USD \$1275 ⁺⁺
Advanced Open Water Diver	USD \$1225 ⁺⁺
EFR Course	USD \$325 ⁺⁺
Rescue Diver	USD \$1050 ⁺⁺
Marine Conservation Diving	USD \$150 ⁺⁺

TERMS AND CONDITIONS

- Prices per person, \$ USD and excludes 21% government tax and service charges
- Advanced reservations are advised
- Please note dive times are subject to change

CONTACT US

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Bawah Reserve, Anambas, Riau Islands, Indonesia





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